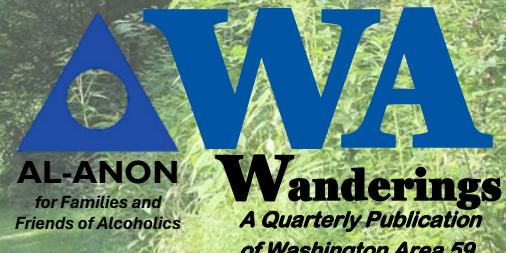


Happy Holidays

We hope you take a minute to rest and relax and reflect on how far you have come in your program of recovery and give thanks.
—Love and peace to all.

December 2025



WA Wanderings
*A Quarterly Publication
of Washington Area 59*

Volume 52 Number 4

Inside this issue:

This is a WE Program	1,6
Delegate's Report	4, 11
Officer, Coordinator and DR Contact Information	2-3
Officers' Reports	4, 5, 7, 13, 28
Fall Assembly Draft Minutes	7-12
Budget	14-19
Treasurer's Report	20-23
Coordinators' Reports	24-27
AIS Reports	29
Upcoming Events	30-33

Subscriptions . . .

Visit <http://wa-Al-Anon.org> and click on: Member Resources → Doing Service in WA Area → Area Documents → WA Wanderings or fill out the form on the back page. Choose to receive email copies, paper copies (\$25 per year), or both. If you request paper copies, you will receive follow-up instructions regarding payment.

This is a WE Program

Our Links of Service are a vital part of our program that I don't think are talked about much. They only become important to us (like so much in life) when they are broken and we feel the pain of them not working. That pain, as hard as it is to bear, is what can help us to make the changes necessary to strengthen our recovery by strengthening our groups, our districts, our Area and the World Service Organization.

Here is what our pamphlet S28, a free downloadable item on the Al-Anon website has to say about those links ([S28.pdf](#)) (also on pg. 142 in our service manual):

"Groups are responsible to help and serve members."



Traditions and Service through the Concepts) and a vital part of our recovery. My sponsor tells me to never say "no" to service.

"Group Representatives (GRs) are a

vital link in the continuing function, growth, and unity of worldwide Al-Anon"

GRs act as a conduit between the district and the groups and the Area Assemblies. They carry the groups' conscience to assemblies and carry vital information to the groups from the Area.

"District Representatives (DRs) are an important link between the groups and the Area"

DRs are an important link between the groups and the Area. They serve as a resource and information conduit. They are a direct link to the delegate through Area World Service Committee meetings (AWSC) helps them to spread the information that the Delegate brings back from the World Service Conference (WSC). (Any member can attend the AWSC. However, the DRs and the officers and coordinators are invited.) This is where a delegate begins to understand what it means to be part of a world-wide fellowship.

"Area World Service Committee (AWSC) meetings are held at regularly scheduled intervals"

Continued on page 6

Officer Contact Information



Role	Name	Primary email
Delegate	Kimberly H.	delegate@wa-al-anon.org
Alt Delegate	OPEN	alt-delegate@wa-al-anon.org
Chair	Gary H.	chair@wa-al-anon.org
Alt Chair	Nena T.	alt-chair@wa-al-anon.org
Treasurer	Helen V. until Dec. 31	treasurer@wa-al-anon.org
Secretary	Amber T.	secretary@wa-al-anon.org

Coordinator Contact Information



Role	Name	Primary email
Alateen	Elizabeth GW.	alateen@wa-al-anon.org
Area Alateen Process Person	Michael S. until Dec. 31	alateen-safety@wa-al-anon.org
Archives	Celeste M.	archivist@wa-al-anon.org
Meeting Technology Coordinator	OPEN	meeting-tech@wa-al-anon.org
Group Records	Cooki P.	group-records@wa-al-anon.org
Literature	Mary P.	literature@wa-al-anon.org
Newsletter	Monique R.	newsletter@wa-al-anon.org
Public Outreach	Katharine R.	outreach@wa-al-anon.org
Website	Teresa H.	webeditor@wa-al-anon.org
Permanent Custodial Archivist	Lynn T.	custodial-archivist@wa-al-anon.org
Pierce County AIS Chair	Kayleen F.	chair@al-anon-pierce-wa.org
Greater Seattle AIS Chair	Dave M.	chair@seattle-al-anon.org

District Representative Contact Information



District: 1 (Southeast WA) Markie M. dr1@wa-al-anon.org	District: 2 (Spokane vicinity) J-B (Jean Baptiste) R. dr2@wa-al-anon.org	District: 4 (Tri Cities vicinity) Marie C. dr4@wa-al-anon.org
District: 5 (Chelan, Ephrata, Leavenworth, Moses Lake) Grace J. dr5@wa-al-anon.org	District: 6 (North Central WA) Vicki H. dr6@wa-al-anon.org	District: 7 (Cle Elum, Ellensburg, Yakima) Lisa O. dr7@wa-al-anon.org
District: 8 (Clark, Skamania Counties) Liz T. dr8@wa-al-anon.org	District: 9 (Southwest WA) No DR dr9@wa-al-anon.org	District: 10 (South Puget Sound) Lois M. dr10@wa-al-anon.org
District: 12 (Tacoma, West Pierce County) Sherri-Lee G. dr12@wa-al-anon.org	District: 13 (East, South Pierce County) Ayme B. dr13@wa-al-anon.org	District: 14 (Auburn, Enumclaw, Federal Way, Kent) Lynne M. dr14@wa-al-anon.org
District: 15 (King County, Bellevue and North) Lenni C. dr15@wa-al-anon.org	District: 16 (Bellevue, Mercer Island, East King County) Tom K. dr16@wa-al-anon.org	District: 17 (Maple Valley, Renton) Leslie S. dr17@wa-al-anon.org
District: 18 (Burien, Des Moines) Cim H. No DR – contact person only dr18@wa-al-anon.org	District: 19 (Vashon, West Seattle) Madison dr19@wa-al-anon.org	District: 20 (Central Seattle) Mary Elizabeth "Liz" L. dr20@wa-al-anon.org
District: 21 (North Seattle) No DR – contact person only Suzanne H. dr21@wa-al-anon.org	District: 22 (North King, West Snohomish Counties) Jackie T. dr22@wa-al-anon.org	District: 23 (Snohomish County, Whidbey Island) Shelly T. dr23@wa-al-anon.org
District: 24 (Skagit, San Juan, Island Counties) Danielle H. dr24@wa-al-anon.org	District: 25 (Whatcom County) Nancy F. dr25@wa-al-anon.org	District: 26 (Kitsap County) Maxine M. dr26@wa-al-anon.org
District: 27 (Olympic Peninsula) Kriss P. dr27@wa-al-anon.org	District: 28 (North Snohomish County) No DR dr28@wa-al-anon.org	District: 35 (Electronic Overlay District) No DR dr35@wa-al-anon.org



Delegate Report

Wow, we are near the end of our first year on Panel 65! And have I been busy! I have learned so much this year.

The Task Force I have been a part of has taught me about the Conference Charter. If you don't know what that is – it's the very last section in the Service Manual on page 227. Honestly, I had never really paid attention to it (or probably ever read it) before now. While studying this very important part of Al-Anon, I have gained a better understanding of the history of Al

-Anon Family Groups. Next year, we'll be celebrating Al-Anon's 75th anniversary!

If you have never seen the videos that are available from

the WSO about Lois and Anne, I highly recommend you check these out. These videos are available to check out from the WSO and

show at your District events like workshops or mini-conferences – some of you call them "Round Ups".

I'm not alone. We each take our part and do what we can, and we support each other.

these videos one year. Learning about the history of this fellowship has

brought me a deeper appreciation for my recovery journey. Service has been such a big part of my recovery and having the honor of being your Delegate is the challenge I need to really use the tools and principles I have learned so far. The gifts just keep coming.

I have used these tools, not just in my home group, but in many areas of my personal life. At home, we have the challenge of helping an elderly parent who is struggling through some difficult transitions in their life.

Continued on page 11

Alternate Delegate Report

Dearest Al-Anon Member, I appreciate YOU and your service. In particular, I notice the extra effort on the part of members working towards "our common welfare" at meetings, assemblies and "after-the-meeting" meeting. Your gift of **gratitude through service** is a model for me and others.

I have been busy supporting our Delegate, as indicated by her. (So glad I don't have to read volumes like she does; oh wait...!). Our Budget Committee presented to August AWSC a well constructed and thoughtful budget proposal for 2026. I am honored to have worked with such a

principled and dedicated team.

The **Budget Proposal 2026** was passed with some amendments at Fall Assembly. Here is the link to the new budget and on our new wa-al-anon.org website and previous AWSC emails.

Draft Proposal: [2025 06 13 DRAFT 2026 Budget w Adopted 2025 Budget w Actuals 2022-2024.xlsx](#)
Slideshow w Draft: [2026 Area Budget Proposal Slide Presentation](#)

Your monthly **GR Circle** has lined up Helen V, Treasurer for December. She will share her Experience,

Strength and Hope and bring her own brand of candor to the Circle. Monthly GR Circles are hosted by me, your Alt Delegate. We invite new and returning GRs, as well as "the curious", as we focus on GR-related topics. You may drop-in or come regularly. New GR

Circle flyers are posted monthly on wa-al-anon.org. You can attend every first Thursday, 7-8:30pm on Zoom: Meeting ID: 819 7979 4210 Passcode: 599298

Yours in Service,
—Juliana B.
Alternate Delegate
alt-chair@wa-al-anon.org



Unfortunately, our Alternate Delegate resigned in October. The position is open and the chair is accepting trusted servant profiles. GR Circles have been suspended after December until the new Alternate Delegate gets them up and running. Look for more information in the March Newsletter or contact our Area Chair, Gary for more information.

Area Chair Report

There has been a lot of activity in our Area this quarter, and I'm excited to share updates with you.

FALL ASSEMBLY RECAP

Fall Assembly took place October 3-5, 2025, both in-person in Wenatchee and online. Despite nearby wildfire threats, we had a successful gathering with strong participation. We had over 150 registrants!

Three motions were brought to the Assembly, and two passed:

1. Authorization to accept online payments without restrictions on fee structures.
2. Making permanent our practice of paying full WSC Delegate expenses to WSO, which we

have done for many years.

3. The third motion regarding Coordinator qualifications remained unresolved at the end of discussion time and will be re-presented at AWSC in February 2026.

Fall Assembly included many meaningful activities: an Alateen/AI-Anon Speaker, an AFG meeting, GR and DR circles, DR reports, a Public Outreach workshop, and fun and frolic with dancing. If you missed the Assembly, you can view the full agenda on our website: https://drive.google.com/file/d/13QQhu_SLRB0n9ABZtzwpdgW9JnmlP243/view

Financial stewardship was achieved this year—registration fees were lower than recent Assemblies, yet



we remained self-supporting without generating excess revenue, which aligns with our goal that Assemblies serve the fellowship rather than function as fundraisers.

The venue, Confluence Technology Center, represented a departure from our typical hotel conference centers. This required adjustments for meals, lodging, and other logistics. While these differences presented challenges for some members, other aspects were well-received, including excellent hybrid format sup-

port and lower meal costs. Following the Assembly, all virtual and in-person attendees were invited to complete a survey. I encourage you to review the results here: <https://drive.google.com/file/d/1Wukl-rc0mVyXWlah-Z2696myD9u0Tn-w/view?usp=sharing>

OFFICER AND COORDINATOR UPDATES

Helen V. will be stepping down as Treasurer on or before the end of the year.

Continued on page 28

Alternate Chair Report

Since the Summer Seminar Assembly (SSA), I've been reflecting on your evaluation feedback.

Some suggestions are within our control, and for those that aren't, we can still find ways to make it easier for members.

What worked well

- Workshops & Reports
- Connection
- Venue
- Hybrid Format

Areas for improvement (and how we can help)

• Sleeping Arrangements:

Options are limited, but we'll share details earlier so members can plan.

• Food Options:

More variety was suggested; members may also bring supplemental items.

• Virtual Experience:

The new Area website and ongoing hybrid prac-

tice will improve communication, access to materials, and online participation.

Looking ahead

SSA will be held **May 22-24, 2026** at Warm Beach in Stanwood (**note:** not our traditional third weekend). Sharing the date early gives everyone time to plan.

Service opportunities at SSA include:

- Registration
- Welcoming

- Al-Anon Meetings
- Fun & Frolic
- Hospitality

Questions? See the Area Handbook, Section 4 — SSA Committee Guidelines or email me at alt-chair@wa-al-anon.org. Thank you for your trust, feedback, and fellowship. I look forward to what's ahead!

—Nena T.
WA Area Alt-Chair
alt-chair@wa-al-anon.org

WE Program *Continued*

"Area Assembly meetings are held at stated intervals"

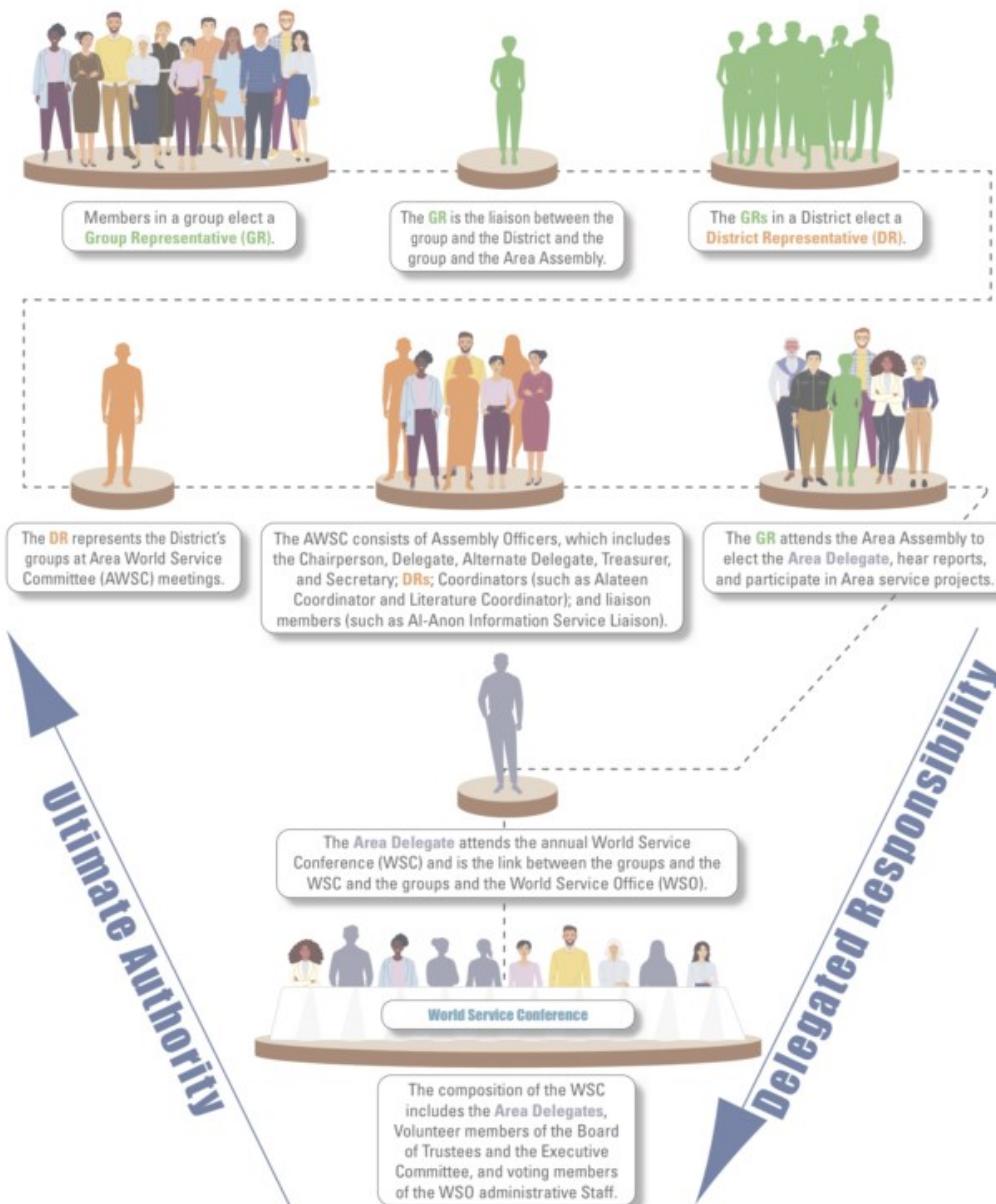
"Area Delegates at the World Service Conference (WSC)"

The World Service Delegate is an Al-Anon/ Alateen member elected at the Area Assembly to represent all the groups in his or her Area at the annual WSC.

The Delegate is the primary communication link between the groups and the World Service Office (WSO).

This is a bottom up program. Not a top down program. Every member is here for themselves and for **every other** member of Al-Anon in the world. We do not have to do this alone.

World Service Conference Structure Graphic



Our gifts this season and all year long are based on the promises we make to ourselves and each other. This program has loved us before we could love ourselves. It gives and keeps giving; I give because I know the rewards are so much more than I could ever receive on my own. I give because the program has given me back my life. I give because I NEED THIS PROGRAM TO BE THERE FOR THE NEXT HURTING MEMBER. May the love and peace of the program grow in you one day at a time.

—Monique R.,
Newsletter Editor

©This World Service Structure-graphic (page 176 of your service manual) and parts of S28 Links of Service are approved by the World Service Office for one time use only.



Secretary Report

NO REPORT SUBMITTED



Fall Assembly 2025 DRAFT Minutes

1 **Fall Assembly in Wenatchee, WA.** Gary H. opened the meeting on October 4th, at 9:02
2 am. Volunteer Marie C contact from D4 read the Preamble and Steps, Kate P GR from D20
3 the Traditions, Denise R GR from D15 read the Concepts and the Warrantees. Salina P GR
4 read the Voting Guidelines and Madison L Alt GR from D19 read the Procedures. The Fall
5 Assembly Chair Kayleen F gave a shout out to the various districts and members that
6 helped with food, cake, decorations, coffee and Spanish interpretation. Gary H made
7 announcements regarding parking, housekeeping items and tech help at the facility, wi-fi
8 information, outreach posters, and the new area event district map. Roll call was taken by
9 Amber T. There were 57 in person and 61 online voting members, for a total of 118.
10 Substantial unanimity was established at 79.

11 **August AWSC Minutes:** Volunteers Liz L D20, Max G D20, Jackie G, Kriss P D27, Paul M
12 D27, and Linda E D27 read the Fall Assembly 2025 version 2 Draft Minutes. Jackie T D22
13 moved to approve minutes as read, Tom K D16 seconded. Gary H called for a voice vote.
14 No-0, Ab-1. Motion to approve minutes passed by voice vote.

15 **Officer/Coordinator Reports** *(full written reports found in WA Wanderings)

16 **Delegate Report***: Kimberly H read her written report. She is grateful for being able to
17 serve WA Area.

18 **Proposed Motion b:** End the 2020 trial period and make permanent the following motion:
19 "*Washington Area pay the full amount for our Delegate to attend the World Service
20 Conference (WSC) annually.*" Julie P read her KBDM and background of the motion. Linda
21 E D27 motioned to approve, Kriss P D27 seconded. It was open to members for discussion.
22 Members asked clarifying questions, asked how the expense totals would be reported to
23 members, discussed ADA expense coverage for caregivers, and discussed the motion
24 previously being on the agenda for members to practice voting procedures. After a 30-
25 minute discussion, members voted by voice vote. **Motion passed; No-4, Ab-0.**

26 **Budget Committee and Budget Motion:** The Budget Committee Presentation was
27 presented to members by Julianna B. She introduced and defined the proposed budget,
28 and had her committee members (Kimberly H, Gary H, Helen V, Kriss P, J-B, and herself)
29 read the PowerPoint presentation line-by-line. Members were given the opportunity to ask
30 questions as it was presented. There were questions by members about why line numbers
31 were doubled or why the dollar amounts did not add up; it was explained that line item
32 numbers were changed during the time they started the proposal and that the line items
33 and dollar amount numbers are correct on the most up-to-date treasurer's report. There
34 was a question asking if Officers/Coordinators go over their budget line amount, would
35 they still be covered to attend area events; the answer is yes. There were further questions
36 regarding the WAAC Chair Expense being listed if there is no WAAC Chair; it was shared
37 that it is a line item we budget for so that when we get a WAAC Chair, there is a budget for
38 their expenses. There was a question regarding the high storage fees and it was clarified
39 that we have a heated storage unit to protect our archives. A member asked why the
40 insurance went up significantly, and it was answered that the additional insurance
41 expense is for fees from the By-Law Committee. There was a question about what a love
42 gift is; it was answered that it is a voted on line item that is given to the Area Delegate to



Fall Assembly 2025 DRAFT Minutes

43 help cover additional expenses during travel for position related expenses. There was an
44 amendment proposed for line items 416 & 705 for newsletter expenses to be increased to
45 \$500 to cover relevant expenses for newsletter production. Time for questions ran out and
46 motion presented to pass budget proposal with amendment as discussed. Juliah W GR
47 motioned to approve the increase, Jenny D26 seconded. **Motion passed; No-1, Ab-1.**

48 **Treasurer***: Helen V was not present at the assembly, so Nena T presented the Treasurer's
49 Report that was sent out to members. She reviewed the total income and expenses, and
50 the statement of activity. Members had questions about why the WSC line 437 was missing
51 from the statement of activity; it was shared that has not yet been expensed and therefore
52 would not show up on the statement of activity. There was a suggestion to not have to
53 approve the Treasurer's Report each time. Lastly, it was shared that the Treasurer would
54 be having the audit at the close of the year. Kaylene D2 motioned to approve the
55 treasurer's report, Kimberlee K D25 seconded. **Motion passed unanimously by voice
56 vote; No-0, Ab-0.**

57 **Alateen***: Elizabeth GW read her written report. She expressed her gratitude for being able
58 to serve and shared that it is a beautiful gift to serve area.

59 **Area Alateen Processing Person (AAPP)***: Michael S read his written report. He is
60 planning to serve through the end of 2025 but will be stepping down at that time. Members
61 were encouraged to reach out to him or Gary to express interest in serving the area as the
62 AAPP. Michael shared that he would be available to help the new AAPP in their position.

63 **Pierce County AIS**: Kayleen F started her report off by sharing that they are outreaching to
64 recovery centers and mental health facilities, and referring them to the professionals page
65 on the website. She gave a shoutout to their outreach team. She shared that they were
66 asked to share Al-Anon literature to an immigration center, so they supplied How It Works
67 in both English and Spanish. Lastly, she shared that they have speakers who are eager to
68 serve; however, it's taking time to schedule at the recovery centers.

69 **Seattle AIS**: Dave M started his report off by giving a shoutout to the tech team. He shared
70 that they are on budget with their donations and literatures sales, which is supporting their
71 mission and they are on track from last year. They are in need of volunteers to serve in
72 various positions. He shared that their annual elections and budget presentation are
73 coming up in November. He shared that the office is open once a month; they are
74 collaborating with District 21 for Alateen; they continue to have outreach events such as
75 Lois' Birthday Ice Cream Social and tabling the Recovery Day at the Mariner's event. Lastly,
76 he shared that they are in their final testing of Chatbot, and for the first time the October
77 Bits will be in both English and Spanish.

78 **Proposed Motion a:** Replace motions from 2017 & 2022 concerning online payment
79 vendor fees with a motion that says, "WA Area will accept online payments through 3rd
80 party vendors.". This motion and KBDM were presented by Teresa H and Tom K. Teresa H
81 motioned to approve, Linda E D27 seconded. Motion opened for discussion. There were
82 questions requesting to clarify the fee, what the online payments history is, and whether
83 this would affect donations as well. It was shared that the fee is a percentage and per
84 transaction amount that gets applied to all online payments made through third party

Fall Assembly 2025 DRAFT Minutes

85 vendors and that traditionally we have never gone over the \$5 fee total. It was clarified that
86 members can choose to pay the fee, and that it would apply to online donation payments
87 as well. A member suggested we look into the vendor Zeppe for nonprofits; there was
88 further discussion regarding affiliation and autonomy when it comes to choosing the right
89 third party vendors. Kriss P D27 called for the question, Jackie G D23 seconded.
90 Discussion closed for vote. No-1, Ab-0. Call for the question passed. Minority opinions
91 were heard. **Motion passed unanimously by voice vote; No-0, Ab-0.**

92 **District Representative Reports:** Districts 1 through 14 were invited to share a two-
93 minute report with the assembly body. We heard from district's 1, 2, 5, 7, 8, 10, 12, 13, and
94 14. Districts reported out that there are social gatherings, service positions are filled, there
95 have been lost groups, new Alateen service is active, there are LDCs and outreach
96 happening, speakers at recovery centers, and all types of meetings that are active.

97 Districts 15 through 35 were invited to report their two-minute reports. We heard from
98 district's 15, 16, 17, 20, 21, 23, 24, 25, 26, 27, and 28. There were mentions of events
99 happening, active in outreach, Alateen and AMIAS are active, there have been
100 opportunities for fellowship, and even district inventories taking place.

101 **Alternate Chair/SSA*:** Nena T read her written report. She also shared that District 10 has
102 volunteered to do SSA registration. She expressed gratitude for being able to serve WA
103 area.

104 **Secretary:** Amber T shared a verbal report. She shared that she is busy with life and
105 service, and is grateful to be able to serve in her position. Since her last report, she has
106 facilitated a meditation workshop at SSA, create a web-friendly version of the handbook,
107 updated our area's contact lists, had to adjust to the new emailing system which had its
108 challenges, and had lots of opportunities to set boundaries and work her program.

109 **Public Outreach*:** Katherine R read her written report. She also had business cards
110 available to our members to use as a tool for outreach and encouraged members to take
111 some back to their groups and districts.

112 **Alternate Delegate*:** Julianna B shared her written report and shared that she already
113 went over the budget committee's proposal. She expressed her appreciation and gratitude
114 to all our members, especially the district reps and group reps.

115 We had a dance party break!

116 **Group Affiliations Discussion:** Kimberly H facilitated a discussion with our members
117 regarding group affiliations. She shared that she is putting together a thought force to take
118 our members voices to WSO for helping create a group naming and affiliation policy. She
119 clarified that existing groups are not being asked to change their names, only asking to help
120 WSO create policy that aligns with our legacies. There were questions about names that
121 reflect church, lgbtq+, men's groups, etc. She asked members to consider whether their
122 groups are still open to all who attend. Members shared their experience, strength & hope.
123 Kimberly shared that WSO wants to create the policy and to ensure that groups are
124 allowing all newcomers to attend no matter their group type.

Fall Assembly 2025 DRAFT Minutes



125 **Website Coordinator***: Teresa H started off by reading her written report. She gave a
126 shoutout to her web committee members for their dedication and went on to explain that
127 the website is a work in progress. Teresa shared that the 3 main reasons for changing the
128 website were to create a welcoming page for our newcomers, to encourage participation,
129 and to give members the tools they need to perform service. She navigated the website on
130 screen for everyone to cover the homepage, events page, district page, district map and
131 member resources. She explained that these pages are a way for area to serve groups.
132 Teresa also let members know to submit meeting changes to webeditor@wa-al-anon.org.
133 She went in more depth on where to find the WA Area Handbook, assembly and
134 conference documents (agenda, reports, minutes, motions, Spanish versions, budget,
135 etc.). There is also a place under member resources that has the WA Wanderings and
136 archives, and a web page dedicated to AMIAS resources (requirements, application, and
137 training slides). Lastly, Teresa let members know that the website can be translated into
138 Spanish.

139 Monique made an announcement that hard copies of the WA Wanderings are available for
140 \$25/year. Gary reminded members about the birthday celebration and speaker later that
141 evening. Business meeting ended at 4:55pm, to resume on Sunday morning. Dinner was
142 provided and there was a birthday celebration, followed by a spiritual speaker. During the
143 birthday countdown, there were over 1,100 years of Al-Anon present.

144 *Seventh tradition was collected earlier in the day for a total of \$977 between in-person and
145 online contributions to area.*

146 Sunday business resumed at 9am. Gary H shared that the birthday collection to WSO was
147 \$324 between in-person and online. Amber T took roll call. There were 53 in-person
148 members and 48 online, with a total of 101 voting members present. Substantial Unanimity
149 is 68.

150 **Group Records***: Cooki P read her written report. She asked that any group record
151 changes or issues be sent to her email at group-records@wa-al-anon.org.

152 **Newsletter***: Monique R read her written report. She encouraged members to subscribe to
153 the WA Wanderings and emphasized this for all members.

154 **Literature***: Mary P read her written report and gave a literature quiz for members to win a
155 piece of Al-Anon literature.

156 **Proposed Motion c:** Proposed motion to our current Bylaws “*Coordinators can be
157 selected from members of Area AWSC’s, past and present, from both Washington Area
158 and other Areas*”. This motion and KBDM was presented by Mary P and Kriss P. After
159 reading the questions and answers from the KBDM, Mary P motioned to approve, Michael S
160 seconded. This motion was opened for a 30-minute discussion. There was a lot of support
161 and concern for this motion. Some questions that came up were ‘how do we know their
162 experience?’, ‘how would they know our unique culture?’, ‘how do we maintain the safety
163 of our members?’. It was clarified that coordinators are appointed by the chair. There was
164 a friendly amendment presented, by Cindy R D8, to add “*provided they have a minimum of
165 three years of previous experience at either district or area level*”. The friendly amendment
166 was accepted. There were more questions asking for clarification and overall members



Fall Assembly 2025 DRAFT Minutes

167 were in support of the motion. It was shared that there are multiple places in the bylaws
168 and handbook that would need updated that is not mentioned in this motion presentation.
169 Discussion hit the 30-minute mark and was sent to committee to be presented at the
170 February AWSC.

171 **Meeting Technology***: George S read his written report. He will be stepping down from his
172 position to allow someone else to step in. He expressed his deepest thanks and gratitude
173 to serve.

174 **Archives**: Celeste M gave a verbal report. She shared that she is new in her position and
175 have had setbacks. She continues to push forward in her role and has had work sessions
176 with Lynne (Custodial Archivist) and the Archives Committee. She expressed that she is
177 looking for more members to join the committee and that if you are interested, to reach out
178 directly. She shared that the goal is to get through the archives in the storage unit. She is
179 enjoying making spreadsheets. She is still waiting for an invite to WSO Connects, but has
180 been able to attend the Archives Coordinator group with WSO, where she was even able to
181 virtually see all of WSO archives. She shared that there are two traveling archive notebooks
182 that she is working to get in a more workable position, by creating a cross reference both
183 numerically and alphabetically. She is unable to be in person but wants to digitize our
184 records. Lastly, she shared that she created a spreadsheet of surplus materials that
185 districts may want. These are on a first come, first serve basis, and the hope is to add the
186 surplus materials list to the website.

187 **From Alateen to Al-Anon**: We had a spiritual speaker (Madison L from D19) who shared
188 her experience, strength, and hope with how she came into the program and her transition
189 from Alateen to Al-Anon. With the permission of our speaker, here are some highlights
190 from her share. During the time that Madison was sharing her story, there were smiles,
191 tears, compassion and empathy among the audience, as they were paying close attention
192 and engrossed in her words. Members listened with intent, connecting to her story,
193 nodding with concern, and listening with their ears and hearts wide open. At one point, the
194 speaker shared about her “desperate desire for recovery”. She shared how serving in
195 Alateen (committees, events, fundraisers, etc.) helped her recovery. She found safety in
196 Alateen and shared her testimony about how Al-Anon provided love, care, and support to
197 her, so that she can now be happy, joyous and free.

198 **Outreach Workshop**: Katherine R talked about outreach for members. She has outreach
199 cards for members to take and share out to other members and newcomers. She
200 encouraged everyone to grab some before the assembly ends. Katherine shared possible
201 locations where the cards could be placed and reminded members to ask permission
202 before leaving them. She invited members to email her directly at outreach@wa-al-anon.org
203 asking for cards and she will get them out to them.

204 **Chair***: Gary H shared what a miraculous moment it's been to have an insanely packed
205 agenda and have all members eyes upfront. He finds his position a fun and difficult job. He
206 thanks past panel members and past delegates for their support, and for their work and
207 dedication. Gary shared that there are active committees at work behind the scenes; the
208 Bylaws committee and the Spanish/interpretation committee. The Bylaws committee is

Fall Assembly 2025 DRAFT Minutes



209 chaired by Cherie F; their biggest concern is to be consistent and aligned with WA state
210 laws. The Spanish/interpretation committee is chaired by Charo from D16; they have
211 received recommendations and are looking for more members. He's been using the new
212 emails for area members. Gary shared that Fall Assembly almost didn't happen, however,
213 a committee stepped up. It was a new venue and two years without having a district host.
214 He emphasized that there is a need for districts to step up for Pre-Con and coordinator
215 positions. Gary shared that the Speakers Convention will be hosted by the panel and
216 concluded his report with a shot reading from 'How Al-Anon Works' page 129 starting at
217 "The idea behind Concept 1, both in world service...".

218 Gary H. responded to ask-it-basket questions and closed out the meeting with a shout out
219 to the Fall Assembly Committee. He also announced that D15 and D16 have stepped up to
220 host Pre-Con. Meeting closed at 11:57am.

221

222 **FUTURE EVENTS 2026:**

223 Winter AWSC 2026-February 28th in Marysville, hosted by D23.
224 Pre-Con 2026-March 28th-29th at Campbells Resort in Chelan, WA hosted by D15 and D16
225 ASTAR 2026-April 11th-13th in Ellensburg
226 Summer Seminar Assembly (SSA) 2026-May 22nd-24th at Warm Beach Conference Center in
227 Stanwood
228 WAAC 2026-July 18th-20th in Ellensburg



Delegate Report Continued

I'm blessed to have siblings to lean on. I'm not alone. We each take our part and do what we can, and we support each other. At work, I have learned to participate with other's and how to remain teachable even when being the teacher. I'm currently training a new member of our team, and I'm so grateful for the communication skills I've learned here.

I'm really enjoying working with the members on this Panel. I believe we are working well together to help Washington Area grow. I don't want to step on any toes or steal anyone's thunder, but we have accomplished some exciting things this year, one being our new Washington Area website. If you haven't seen it yet, check it out. It's beautiful.

The previous website had been active for many years and just wasn't meeting the needs of our ever-evolving technology.

And things coming up – new books in the works at WSO. Your writings and stories are requested for these new pieces of Literature.

Because as you know, all of our Conference Approved Literature (CAL) is written by you – Al-Anon members. Public Outreach events – do you have some events planned in your district? My

home district is putting together some literature packages to be distributed at recovery facilities and retention centers. Lots of good

to ensure our list of AWSC members is current at the WSO. Please send your information to delegate@wa-al-anon.org. I need

neighboring district is without a DR, please consider reaching out to those groups. If these districts continue to be without representation, I'd like you to consider the possibility of combining them into your district. Washington Area is not the only one with this challenge.

But we have options. I'd like to express my gratitude for all the contributions your groups have made to the WSO. For the period of Jan 1st to June 30th, Washington Area groups have contributed \$19,738.56

If you'd like to know if your group's contributions are being accounted for, I can look up your group name and district and let you know how much your individual group has donated. Your group's treasurer should be able to verify that amount.

DRs, AIS Chairpersons and members of the Panel:

**I need your help
for my Annual
WSO Update
please email me ASAP at
delegate@wa-al-anon.org.**

With your:

- 1. Full name**
- 2. Address**
- 3. Telephone Number**
- 4. Email address**

things happening and took forward to.

I do need your help. I need to update my list of AWSC members that I keep and send to the WSO. If you are a DR, an AIS Chairperson or a member of the Panel, please email me your current contact information. Even if you've sent it to me before, it's important that I get this information annually

your full name, address and telephone number and the email address you would like to use to receive WSO communications like the AFG Connects threads and *In The Loop* newsletters. I know we have several districts without active DRs. This is leaving many of our groups and members without a vital link of service. DRs, If you know that a

Respectfully and gratefully
Yours in Service,
—Kimberly H.
Delegate, Panel 65
Keeping our Legacies alive!



●▲●▲●▲● 2026 Budget Proposal Passed w Amendments 10.4.25

INCOME

A	B	C	D	E
1 *Per 2022-2024 WA Area Budget Sheets (2-25 AWSC) & 2025 Budget Adopted 2024 FA	2022 Budget	2022 Actual	2023 Budget	2023 Actual
2 700's INCOME (Operating)				
3 701 Fundraiser Pins	\$ 100.00	\$ 155.00	\$ 500.00	\$ 735.00
4 702 Group Donations	\$ 46,015.00	\$ 29,235.77	\$ 33,410.00	\$ 28,899.80
5 703 Interest Income	\$ 5.00	\$ 7.50	\$ 10.00	
6 704 Misc. Fundraiser	\$ 1,500.00	\$ 346.00	\$ 1,000.00	\$ 551.21
7 705 Newsletter	\$ 550.00	\$ 388.00	\$ 550.00	\$ 238.00
8 706 O/C Advance Returned		\$ 1,200.00		\$ 1,000.00
9 707 Speakers Conv.	\$ 3,000.00	\$ 6,720.07	\$ 3,000.00	\$ 66.24
10 708 7th Tradition	\$ 2,500.00	\$ 4,463.51		\$ 3,080.84
11 SUBTOTAL	\$ 53,670.00	\$ 42,515.85	\$ 38,470.00	\$ 34,571.09
12				
13 800's INCOME (Meetings)				
14 801 AWSCs	\$ 500.00	\$ 739.75	\$ 500.00	\$ -
15 802 Fall Assembly	\$ 15,000.00	\$ 7,720.04	\$ 15,000.00	\$ 7,236.08
16 803 Pre-Con	\$ 9,000.00	\$ 6,909.10	\$ 9,000.00	\$ 7,886.80
17 804 SSA	\$ 15,000.00	\$ 17,104.46	\$ 30,000.00	\$ 22,975.22
18 SUBTOTAL	\$ 39,500.00	\$ 32,473.35	\$ 54,500.00	\$ 38,098.10
19				
20 900's Incoming Money				
21 901 ASTAR				\$ 3,583.00
22 902 WAAC				\$ 3,332.44
23 903 Birthday \$		\$ 360.00		\$ 295.69
24 SUBTOTAL	\$ -	\$ 360.00	\$ -	\$ 7,211.13
25				
26 Total Income	\$ 93,170.00	\$ 75,349.20	\$ 92,970.00	\$ 79,880.32
27				
28				
29 *NO changes have been made to figures of any line items. Totals have been corrected to reflect the line items.				

F	G	H	I	J	K	L	M	N	O
2024 Budget	2024 Actual	2025 Budget ADOPTED	5/31/2025 Actual (6/13)	6/22/25 2026 Projections					
\$ 150.00	\$ 225.00	\$ 500.00	\$ 150.00	150					
\$ 36,180.00	\$ 30,366.90	\$ 48,429.00	\$ 23,340.88	45590	Group (287 total#= ~\$159)/District/m				
\$ 10.00	\$ 2.50	\$ 10.00	\$ 22.89	50					
\$ 250.00	\$ 1,817.34	\$ 500.00	\$ -	1000	totebags. etc				
\$ 400.00	\$ 263.00	\$ 200.00	\$ 173.00	500					
\$ 5,500.00	\$ 4,500.00	\$ -	\$ -	-	advances due back end of term				
\$ 3,000.00		\$ 3,000.00	\$ -	3000					
\$ 2,500.00	\$ 3,588.32	\$ 2,500.00	\$ 964.00	2000	awsc/assemblies				
\$ 47,990.00	\$ 40,763.06	\$ 55,139.00	\$ 24,650.77	52290					
\$ 1,000.00	\$ 300.00	\$ 1,000.00	\$ -	0					
\$ 12,000.00	\$ 11,162.64	\$ 10,000.00	\$ -	12500	registration, interpreters, tech team				
\$ 9,000.00	\$ 5,694.52	\$ 9,000.00	\$ 14,842.00	11000					
\$ 30,000.00	\$ 21,346.67	\$ 22,000.00	\$ 22,821.00	28000					
\$ 52,000.00	\$ 38,503.83	\$ 42,000.00	\$ 37,663.00	51500					
\$ -		\$ -		-					
\$ -		\$ -		-					
\$ -	\$ 611.37	\$ -		-					
\$ -	\$ 611.37	\$ -	\$ -	-					
\$ 99,990.00	\$ 79,878.26	\$ 97,139.00	\$ 62,313.77	103790					

ms, as presented 2/22/2025.



●▲●▲●●● 2026 Budget Proposal Passed w Amendments 10.4.25

	A	B	C	D	E	F	G	H
1	*Per 2022-2024 WA Area Budget Sheets (2-25 AWSC) & 2025 Budget Adopted 2024 FA	2022 Budget	2022 Actual	2023 Budget	2023 Actual	2024 Budget	2024 Actual	
2	200's EXPENSES (Officers)							
3	201 Delegate	\$2,500.00	\$2,228.10	\$2,500.00	\$1,328.70	\$2,500.00	\$2,307.14	
4	202 Alt Delegate	\$2,500.00	\$3,061.85	\$2,500.00	\$1,519.48	\$2,500.00	\$2,171.11	
5	203 Chair	\$1,500.00	\$1,277.77	\$1,500.00	\$938.15	\$1,500.00	\$1,690.46	
6	204 Alt Chair	\$1,500.00	\$1,520.68	\$1,500.00	\$963.76	\$1,500.00	\$1,113.47	
7	205 Secretary	\$1,500.00	\$2,100.08	\$1,500.00	\$1,289.60	\$1,500.00	\$1,941.30	
8	206 Treasurer	\$1,500.00	\$2,328.56	\$1,500.00	\$2,797.18	\$2,500.00	\$1,787.48	
9	TOTAL (Officers)	\$11,000.00	\$12,517.04	\$11,000.00	\$8,836.87	\$12,000.00	\$11,010.96	
10								
11	300's (Coordinators)							
12	301 Alateen	\$2,500.00	\$424.52	\$2,500.00	\$1,263.77	\$2,000.00	\$1,070.94	
13	302 Alateen Safety	\$2,500.00	\$2,442.98	\$2,500.00	\$1,999.37	\$2,500.00	\$2,254.02	
14	303 Archives	\$1,500.00	\$1,886.58	\$1,500.00	\$1,298.52	\$2,000.00	\$1,724.92	
15	304 Group Records	\$1,500.00	\$1,501.99	\$1,500.00	\$1,483.75	\$1,500.00	\$1,422.75	
16	305 Literature	\$1,500.00	\$835.56	\$1,500.00	\$2,200.43	\$2,500.00		
17	306 Meeting Tech			\$1,500.00	\$2,005.46	\$2,500.00	\$1,038.82	
18	307 Newsletter	\$1,500.00	\$1,443.17	\$1,500.00	\$791.70	\$1,500.00	\$1,635.13	
19	308 310 Public Outreach	\$1,500.00	\$171.90	\$1,500.00		\$1,500.00		
20	309 WAAC Chair	\$1,500.00		\$1,500.00		\$1,500.00	\$220.00	
21	310 309 Web	\$1,500.00	\$1,516.41	\$1,500.00	\$910.66	\$1,500.00	\$601.97	
22	TOTAL(Coordinators)	\$15,500.00	\$10,223.11	\$17,000.00	\$11,953.66	\$19,000.00	\$9,968.55	
23								
24	400's EXPENSES (Other)							
25	401 AMIAS Spanish	\$1,000.00		\$500.00		\$500.00		
26	402 Archive Storage	\$1,000.00	\$1,110.60	\$1,050.00	\$1,367.73	\$900.00	\$1,724.00	
27	403 Archives Update	\$1,000.00		\$500.00	\$89.48	\$1,402.30	\$1,468.28	
28	404 Area Address						\$149.00	
29	405 Audit Committee	\$500.00	\$162.60	\$500.00	\$47.16	\$500.00	\$377.52	
30	406 Bank Charges	\$50.00	\$124.12	\$100.00	\$134.65	\$30.00	\$280.00	
31	407 Bank Ch/Dep	\$100.00	\$105.27	\$100.00	\$37.15	\$0.00	\$61.25	
32	408 Budget Comm	\$500.00		\$250.00		\$150.00		
33	409 Corporate Renewal	\$50.00	\$20.00	\$50.00	\$20.00	\$20.00	\$30.00	
34	410-411 Custodial Archivist					\$400.00	\$76.80	
35	411-412 Del. Love Gift	\$500.00	\$500.00	\$500.00	\$500.00	\$500.00	\$500.00	
36	412-Equipment Maint.	\$120.00		\$120.00		\$120.00		
37	413 Fundraisers	\$500.00	\$160.56	\$500.00		\$500.00	\$2,376.81	
38	414 Handbooks	\$350.00	\$432.61	\$50.00	\$572.01	\$100.00		
39	415 Legal, Accounting or Insurance	\$5,000.00	\$325.00	\$3,500.00	\$325.00	\$500.00	\$325.00	
40	416 Newsletter	\$550.00	\$638.78	\$550.00	\$455.20	\$550.00	\$333.14	
41	417 O/C Advances	\$8,000.00	\$6,500.00	\$500.00		\$500.00		
42	418 Penalties		\$19.90		\$60.70	\$0.00	\$27.95	
43	419 Public Outreach Materials	\$1,000.00		\$1,000.00		\$1,000.00		
44	420-422 Service Expense (sec. I.D.)	\$150.00		\$150.00		\$150.00	\$475.57	
45	421-423 Software/Hardware	\$500.00	\$472.13	\$750.00	\$165.40	\$500.00	\$346.15	
46	422 424 Supplies *	\$50.00	\$393.27	\$250.00	\$552.74	\$500.00	\$525.10	
47	423 425 Surplus Area 20%					\$0.00		
48	424 426 Surplus Ample 50%					\$4,540.99	\$0.00	
49	425 427 Surplus WSO 30%			\$5,098.00		\$2,724.59	\$0.00	

EXPENSES

I	J	K	L
2025 Budget	5/31/2025		
	Actual (6/13)	6/22/25	2026 Project
2,500.00	\$ 1,354.35	2500	
2,500.00	\$ 1,453.59	2500	
1,500.00	\$ 1,017.28	1500	
1,500.00	\$ 1,428.31	1500	
1,500.00	\$ 1,327.09	1500	
1,500.00	\$ 1,020.07	1500	
\$11,000.00	\$ 7,600.69	11,000.00	
2,500.00	\$ 1,204.93	2000	
2,500.00	\$ 1,277.75	2000	
1,500.00	\$ -	1500	
1,500.00	\$ 1,105.82	1500	
1,500.00	\$ 544.26	1500	
1,500.00	\$ 578.21	2000	
1,500.00	\$ 743.99	1500	
1,500.00	\$ 449.41	1500	
1,500.00	\$ -	1500	
1,500.00	\$ 759.00	1500	
\$17,000.00	\$ 6,663.37	16500	
500.00	\$ -	500 motion	
1,800.00	\$ 900.00	1800	
300.00	\$ -	300	
149.00	\$ 163.99	600 service and subscription	
200.00	\$ -	200	
50.00	\$ -	50	
100.00	\$ 69.45	100	
100.00	\$ -	100 motion?	
20.00	\$ -	20	
250.00	\$ 315.56	250	
500.00	\$ 500.00	500	
1,200.00		250	
500.00		100	
500.00		2500 increase d/t bylaws and attorney fees	
500.00	\$ 56.11	500	
8,500.00	\$ 500.00	1500 one tiume offer at transition	
50.00		50	
1,000.00		1000	
300.00		300	
500.00	\$ 80.00	500	
450.00		500 treasurer office supply expenses,eg copies	



●▲●▲●●● 2026 Budget Proposal Passed w Amendments 10.4.25

50	429 WA Equipment Maintenance			
51	430 Unusual *	\$300.00		\$300.00
52	432 Website	\$150.00	\$49.58	\$150.00
53	433 Web Service 20 hours		\$1,695.00	
54	434 Electronic Meetings	\$300.00	\$249.71	\$300.00
55	435 WAAC AMIAS	\$800.00		\$800.00
56	437 WSC (Equalized Expense WSO)	\$3,000.00	\$2,989.10	\$3,000.00
57	439 Transaction Fees			
58	445 Tech Team			
59	450 Spanish Interpretation			
60	TOTAL (Other)	\$25,850.00	\$21,463.47	\$15,850.00
61				
62	500's EXPENSES (Meetings)			
63	501 AWSC Meetings		\$1,347.66	\$1,000.00
64	502 Fall Assembly	\$15,000.00	\$8,184.74	\$15,000.00
65	503 Pre-Conference Assembly	\$9,000.00	\$6,763.72	\$9,000.00
66	504 Speakers Convention		\$250.00	
67	505 Summer Service Assembly (SSA)	\$15,000.00	\$15,726.35	\$30,000.00
68	TOTAL Meetings	\$39,000.00	\$32,272.47	\$55,000.00
69				
70	600's Outgoing Money			
71	601 ASTAR			
72	603 WAAC			
73	605 WSO Birthday (pass-through)			
74	TOTAL Outgoing	\$0.00	\$0.00	\$0.00
75				
76		Total Expenses	\$91,350.00	\$76,476.09
77				
78				
79	*NO changes have been made to figures of any line items.			

EXPENSES

\$553.20	\$300.00		120.00	\$ -	\$ 120.00	
\$214.58	\$250.00	\$49.58	300.00	\$ 94.86	\$ 300.00	
	\$0.00		1,000.00	\$ 906.10	\$ 1,200.00	request from web coord
	\$0.00		0.00	\$ -	\$ -	panel 62 only
\$206.74	\$200.00	\$208.92	300.00	\$ 179.55	\$ 250.00	zoom subscription
	\$800.00	\$447.38	800.00	\$ -	\$ 800.00	
\$2,527.68	\$3,500.00	\$3,617.71	3,000.00	\$ -	\$ 4,000.00	
				\$ 1,354.08	\$ 1,500.00	paypal costs
				\$ 1,901.96	\$ 4,000.00	covered thru assembly registration
				\$ 1,007.16	\$ 3,000.00	covered thru assembly registration
\$16,170.35	\$14,252.30	\$13,419.37	\$24,989.00	\$ 11,363.00	\$ 27,790.00	
						contracts only
\$1,488.42	\$1,000.00	\$427.12	1,000.00	\$ 500.00	\$ 1,000.00	
\$10,278.20	\$12,000.00	\$9,197.84	10,000.00	\$ 7,709.86	\$ 10,000.00	
\$8,389.95	\$9,000.00	\$8,980.56	9,000.00	\$ 6,362.29	\$ 9,000.00	
	\$3,000.00		3,000.00	\$ -	\$ 3,000.00	
\$26,904.51	\$30,000.00	\$22,010.65	22,000.00	\$ 21,073.12	\$ 25,500.00	
\$47,061.08	\$55,000.00	\$40,616.17	\$45,000.00	\$35,645.27	\$ 48,500.00	
\$3,583.00	\$0.00	\$0.00	\$ -	\$ 2,978.00	\$ -	
\$3,332.44	\$0.00	\$0.00	\$ -	\$ 4,327.65	\$ -	
\$295.69	\$0.00	\$611.37	\$ -	\$ -	\$ -	Fall Assembly appeal for WSO
\$7,211.13	\$0.00	\$611.37	\$0.00	\$ 7,305.65	\$ -	
\$91,233.09	\$100,252.30	\$75,626.42	\$97,989.00	\$77,090.02	\$103,790.00	



Area Treasurer Report

My name is Helen V, and I have been honored to serve as your Treasurer this past year.

Hopefully, you've been able to read my reports shared via the AWSC Listserv and through our Links-of-Service. My goals have been to provide financial transparency using our Legacies as guidance. I am hoping that all members know how we are using the donations you have so generously provided for our Area's health and welfare needed so that we can meet our primary purpose of being here for those affected by the Family Disease of Alcoholism.

An amazing team of Trusted Servants shepherded me through this year and much has been accomplished. WA Area now has multiple people who are able to access QuickBooks online to verify and review data, regardless of where they are, which is a huge benefit.

With the help of these trusted servants and an enormous amount of effort, Quarterly financials have been provided. This report contains the Year-To-Date (YTD) figures through October 31st.

Our Ample Reserve, which started the year off with \$17,000 now has \$17,044.68 as of October 31, 2025.

The Operating Funds account, which began with that initial \$1,394.82 had a balance of

\$32,464.44 on October 31st. This account includes the generous donations used to support and pay for all of our Area's operating expenses, including the costs to support your officers and coordinators in performing their responsibilities to you that we each took on when we agreed to serve in these positions. This is also the account that our registrations for assemblies goes into which pays all related expenses; our website, Area Newsletter, the WA Wanderings – basically, the business of the business - for WA Area. This ensures that we can all – at every level of service – continue to be here for one another and those impacted by this family disease.

Each District Rep (DR) has received a list of every group and district donation made so that each group can verify that the donations that you've sent have been received. If your group has contributed and you don't see it listed, please feel free to reach out to me so we can see if it's been entered correctly.

While our Alateen Area Process Person (AAPP) and Alateen Coordinator continue to manage all of our Alateen business, their banking resides with our other Area accounts at BECU. These funds are now shown within our Area's financials, which is how we have to report them to the IRS. We have two separate ac-

counts for our younger Al-Anon member's programs - ASTAR (Alateen Sponsor Training & Recovery Weekend) and WAAC (WA Area Alateen Conference) accounts. The ASTAR account had \$2,933.25 with the WAAC account \$5,363.01.

WA Area has accepted registrations to our assemblies and donations though our Area website (www.WA-Al-Anon.org) using our Washington Area AFG PayPal account (please note that WA is spelled out) and Stripe. Incredibly, Fall Assembly had only one check delivered for registration.

When mailing checks, please make checks out to WA Area AFG -- not to WA Area AFG Treasurer! Many of us use the same group name so it's extremely useful for you to include your Group Name/Number and District in the memo of your check.

Please forward the following to all group and district treasurers and note that NO other "Area address" you may have is correct – the following is our only official address:

WA Area AFG

12128 N Division Street, 1531
Spokane, WA 99218-1905

Please feel free to send an email to Treasurer@WA-Al-Anon.org if you have any questions regarding our Area's finances or have suggestions to make.

In closing, I made the decision a while back to resign as your Treasurer. My term will officially go through the end of this year. I will, of course, mentor your new Treasurer, in whatever ways I can. As I leave, knowing that the goals set for this year have been accomplished - in no small part due to your generosity.

Should you need to reach me, after December, please do not hesitate to email me at my Al-Anon email:

Helen.ODAT.AFG@gmail.com.

At the end of the year, it and all other records will of course be passed to your next Trusted Servant.

In Gratitude for you
– Helen V.


Area Treasurer Report

	* Per 2022-2024 WA Area Budget Sheets (2-25 AWS/C) & 2025 Budget Adopted 2024 FA	2022 Budget	2022 Actual	2023 Budget	2023 Actual	2024 Budget	2024 Actual	2025 Budget ADOPTED	10/31/2025 ACTUALS
700's INCOME (Operating)									
701 Fundraiser Pins	\$ 100.00	\$ 155.00	\$ 500.00	\$ 735.00	\$ 150.00	\$ 225.00	\$ 500.00	\$ 240.00	
702 Donations (25 see GL 710 to 713)	\$ 46,015.00	\$ 29,235.77	\$ 33,410.00	\$ 28,899.80	\$ 36,180.00	\$ 30,366.90	\$ 48,429.00	\$ (640.76)	
703 Interest Income	\$ 5.00	\$ 7.50	\$ 10.00	\$ 10.00	\$ 2.50	\$ 10.00	\$ 44.35		
704 Misc. Fundraiser	\$ 1,500.00	\$ 346.00	\$ 1,000.00	\$ 551.21	\$ 250.00	\$ 1,817.34	\$ 500.00	\$ 30.00	
705 Newsletter - WA Wanderings	\$ 550.00	\$ 388.00	\$ 550.00	\$ 238.00	\$ 400.00	\$ 263.00	\$ 200.00	\$ 168.00	
706 Off/Cord Advance Returned	\$ 1,200.00	\$ 1,200.00	\$ 1,000.00	\$ 5,500.00	\$ 4,500.00	\$ 4,500.00	\$ -	\$ -	
707 7th Tradition (Area events)	\$ 2,500.00	\$ 4,463.51	\$ 3,000.00	\$ 3,080.84	\$ 2,500.00	\$ 3,588.32	\$ 2,500.00	\$ 3,728.33	
708 WA Area Speakers Convention	\$ 3,000.00	\$ 6,720.07	\$ 3,000.00	\$ 66.24	\$ 3,000.00	\$ 3,000.00	\$ 3,000.00	\$ -	
710 Group Donations								\$ 28,913.34	
711 District Donations								\$ 10,351.26	
712 AFG Member Donations								\$ 3,592.52	
713 Other (LDC & AIS Donations)								\$ 1,750.92	
SUBTOTAL	\$ 53,670.00	\$ 42,515.85	\$ 38,470.00	\$ 34,571.09	\$ 47,990.00	\$ 40,763.06	\$ 55,139.00	\$ 48,177.96	
800's INCOME (Meetings)									
801 AWS/Cs	\$ 500.00	\$ 739.75	\$ 500.00	\$ 7,236.08	\$ 1,000.00	\$ 300.00	\$ 1,000.00	\$ -	
802 Fall Assembly	\$ 15,000.00	\$ 7,720.04	\$ 15,000.00	\$ 12,000.00	\$ 11,162.64	\$ 10,000.00	\$ 10,942.00		
803 Pre-Conference Assembly	\$ 9,000.00	\$ 6,909.10	\$ 9,000.00	\$ 7,886.80	\$ 9,000.00	\$ 5,694.52	\$ 9,000.00	\$ 15,952.00	
804 Summer Service Assembly (SSA)	\$ 15,000.00	\$ 17,104.46	\$ 30,000.00	\$ 22,975.22	\$ 30,000.00	\$ 21,346.67	\$ 22,000.00	\$ 25,791.00	
805 ASTAR Donations								\$ 554.63	
806 ASTAR Registrations								\$ 3,250.00	
810 WAAC Donations								\$ 7,313.90	
SUBTOTAL	\$ 39,500.00	\$ 32,473.35	\$ 54,500.00	\$ 38,098.10	\$ 52,000.00	\$ 38,503.83	\$ 42,000.00	\$ 64,237.53	
900's INCOME (Add'l)									
901 ASTAR Seed Money				\$ 3,583.00	\$ -	\$ -	\$ -	\$ -	
902 WAAC Seed Money				\$ 3,332.44	\$ -	\$ -	\$ -	\$ -	
905 WSO Birthday Donation Passthrough				\$ 295.69	\$ -	\$ 611.37	\$ -	\$ 325.37	
906 AWS/C Seed Money Reimbursed				\$ 295.69	\$ -	\$ 611.37	\$ -	\$ 334.53	
SUBTOTAL	\$ -	\$ 720.00	\$ -	\$ 7,506.82	\$ -	\$ 1,222.74	\$ -	\$ 659.90	
Total Income	\$ 93,170.00	\$ 75,709.20	\$ 92,970.00	\$ 80,176.01	\$ 99,990.00	\$ 80,489.63	\$ 97,139.00	\$ 113,075.39	

NOTE:

NO changes have been made to figures
of any line items 2022 - 2024.
Column TOTALS have been corrected to
reflect the line items, as presented 2/22/2025.

Area Treasurer Report

*Per 2022-2024 WA Area Budget Sheets (2-25 AWSC) & 2025 Budget Adopted 2024 FA	2022 Budget	2022 Actual	2023 Budget	2023 Actual	2024 Budget	2024 Actual	2025 Budget	YTD 10/31/2025
200's EXPENSES (Officers)								
201 Delegate	\$2,500.00	\$2,228.10	\$2,500.00	\$1,328.70	\$2,500.00	\$2,307.14	\$ 2,500.00	\$ 1,721.22
202 Alt Delegate	\$2,500.00	\$3,061.85	\$2,500.00	\$1,519.48	\$2,500.00	\$2,171.11	\$ 2,500.00	\$ 2,029.99
203 Chair	\$1,500.00	\$1,277.77	\$1,500.00	\$938.15	\$1,500.00	\$1,690.46	\$ 1,500.00	\$ 1,388.64
204 Alt Chair	\$1,500.00	\$1,520.68	\$1,500.00	\$963.76	\$1,500.00	\$1,113.47	\$ 1,500.00	\$ 1,751.29
205 Secretary	\$1,500.00	\$2,100.08	\$1,500.00	\$1,289.60	\$1,500.00	\$1,941.30	\$ 1,500.00	\$ 1,894.87
206 Treasurer	\$1,500.00	\$2,328.56	\$1,500.00	\$2,797.18	\$2,500.00	\$1,787.48	\$ 1,500.00	\$ 1,187.21
TOTAL (Officers)	\$11,000.00	\$12,517.04	\$11,000.00	\$8,836.87	\$12,000.00	\$11,010.96	\$ 11,000.00	\$ 9,973.22
300's (Coordinators)								
301 Alateen	\$2,500.00	\$424.52	\$2,500.00	\$1,263.77	\$2,000.00	\$1,070.94	\$ 2,500.00	\$ 1,803.85
302 Alateen Area Process Person	\$2,500.00	\$2,442.98	\$2,500.00	\$1,999.37	\$2,500.00	\$2,254.02	\$ 2,500.00	\$ 2,267.26
303 Archives	\$1,500.00	\$1,886.58	\$1,500.00	\$1,298.52	\$2,000.00	\$1,724.92	\$ 1,500.00	\$ 592.55
304 Group Records	\$1,500.00	\$1,501.99	\$1,500.00	\$1,483.75	\$1,500.00	\$1,422.75	\$ 1,500.00	\$ 1,491.17
305 Literature	\$1,500.00	\$835.56	\$1,500.00	\$2,200.43	\$2,500.00	\$ 1,500.00	\$ 1,500.00	\$ 890.43
306 Meeting Technology			\$1,500.00	\$2,005.46	\$2,500.00	\$1,038.82	\$ 1,500.00	\$ 2,453.94
307 Newsletter - WA Wanderings	\$1,500.00	\$1,443.17	\$1,500.00	\$791.70	\$1,500.00	\$1,635.13	\$ 1,500.00	\$ 1,122.23
308 WAAC Chair	\$1,500.00		\$1,500.00		\$1,500.00	\$220.00	\$ 1,500.00	\$ -
309 Website	\$1,500.00	\$1,516.41	\$1,500.00	\$910.66	\$1,500.00	\$601.97	\$ 1,500.00	\$ 1,115.45
310 Public Outreach	\$1,500.00	\$171.90	\$1,500.00		\$1,500.00		\$ 1,500.00	\$ 1,066.00
TOTAL (Coordinators)	\$15,500.00	\$10,223.11	\$17,000.00	\$11,953.66	\$19,000.00	\$9,968.55	\$ 17,000.00	\$ 12,802.88
400's EXPENSES								
401 AMIAS Spanish (translation)	\$1,000.00		\$500.00		\$500.00		\$ 500.00	\$ -
402 Archive Storage	\$1,000.00	\$1,110.60	\$1,050.00	\$1,367.73	\$900.00	\$1,724.00	\$ 1,800.00	\$ 1,800.00
403 Archives Update Fund	\$1,000.00		\$500.00	\$89.48	\$1,402.30	\$1,468.28	\$ 300.00	\$ -
404 Area Address						\$149.00	\$ 149.00	\$ 466.91
405 Audit Committee	\$500.00	\$162.60	\$500.00	\$47.16	\$500.00	\$377.52	\$ 200.00	\$ -
406 Bank Charges	\$50.00	\$124.12	\$100.00	\$134.65	\$30.00	\$280.00	\$ 50.00	\$ 338.27
407 Bank checks & deposit	\$100.00	\$105.27	\$100.00	\$37.15	\$0.00	\$61.25	\$ 100.00	\$ 69.45
408 Budget Committee	\$500.00		\$250.00		\$150.00		\$ 100.00	\$ -
409 Corporate Renewal	\$50.00	\$20.00	\$50.00	\$20.00	\$20.00	\$30.00	\$ 20.00	\$ -
411 Custodial Archivist					\$400.00	\$76.80	\$ 250.00	\$ -
412 Delegate Love Gift (Additional WSC costs)	\$500.00	\$500.00	\$500.00	\$500.00	\$500.00	\$500.00	\$ 500.00	\$ 500.00
413 Fundraisers	\$500.00	\$160.56	\$500.00		\$500.00	\$2,376.81	\$ 1,200.00	\$ -
414 Handbook	\$350.00	\$432.61	\$50.00	\$572.01	\$100.00		\$ 500.00	\$ -
415 Legal, Accounting and Insurance	\$5,000.00	\$325.00	\$3,500.00	\$325.00	\$500.00	\$325.00	\$ 500.00	\$ 473.35
416 Newsletter - WA Wanderings	\$550.00	\$638.78	\$550.00	\$455.20	\$550.00	\$333.14	\$ 500.00	\$ 268.95
417 O/C Advances	\$8,000.00	\$6,500.00	\$500.00		\$500.00		\$ 8,500.00	\$ 500.00
418 Penalties		\$19.90			\$60.70	\$0.00	\$ 27.95	\$ 50.00
419 Public Outreach Materials	\$1,000.00		\$1,000.00		\$1,000.00		\$ 1,000.00	\$ -
422 Service - Additional O/C	\$150.00		\$150.00		\$150.00	\$475.57	\$ 300.00	\$ -
423 Software/Hardware	\$500.00	\$472.13	\$750.00	\$165.40	\$500.00	\$346.15	\$ 500.00	\$ 97.00
424 Treasurer Supplies *	\$50.00	\$393.27	\$250.00	\$552.74	\$500.00	\$525.10	\$ 450.00	\$ -
425 Surplus Area 20%					\$0.00			\$ -
426 Surplus Ample 50%					\$4,540.99	\$0.00		\$ -
427 Surplus WSO 30%		\$5,098.00			\$2,724.59	\$0.00		\$ -
428 Transition	\$500.00	\$417.24	\$500.00	\$1,075.35	\$500.00	\$19.21	\$ 2,000.00	\$ 1,405.36
429 WA Equipment Management							\$ 120.00	\$ -
430 Unusual *	\$300.00		\$300.00	\$553.20	\$300.00		\$ 300.00	\$ 94.86
432 Website	\$150.00	\$49.58	\$150.00	\$214.58	\$250.00	\$49.58	\$ 1,000.00	\$ 906.10
433 Web Service 20-hours		\$1,695.00			\$0.00		\$ -	\$ -
434 Electronic Meetings	\$300.00	\$249.71	\$300.00	\$206.74	\$200.00	\$208.92	\$ 300.00	\$ 179.55
435 WAAC AMIAS	\$800.00		\$800.00		\$800.00	\$447.38	\$ 800.00	\$ -
437 WSC (WSO Equalized Expenses)	\$3,000.00	\$2,989.10	\$3,000.00	\$2,527.68	\$3,500.00	\$3,617.71	\$ 3,000.00	\$ -
439 Transaction Fees								\$ 1,354.08
445 Tech Team								\$ 1,901.96



Area Treasurer Report

445 Tech Team									\$ 1,901.96
450 Spanish Translation									\$ 1,007.16
TOTAL	\$25,850.00	\$21,463.47	\$15,850.00	\$16,170.35	\$14,252.30	\$13,419.37	\$ 24,989.00	\$ 11,363.00	
500's EXPENSES (Meetings)									
501 AWSCs		\$1,347.66	\$1,000.00	\$1,488.42	\$1,000.00	\$427.12	\$ 1,000.00	\$ 500.00	
502 Fall Assembly	\$15,000.00	\$8,184.74	\$15,000.00	\$10,278.20	\$12,000.00	\$9,197.84	\$ 10,000.00	\$ 7,709.86	
503 Pre-Conference Assembly	\$9,000.00	\$6,763.72	\$9,000.00	\$8,389.95	\$9,000.00	\$8,980.56	\$ 9,000.00	\$ 6,362.29	
504 Speakers Convention		\$250.00			\$3,000.00		\$ 3,000.00	\$ -	
505 Summer Service Assembly (SSA)	\$15,000.00	\$15,726.35	\$30,000.00	\$26,904.51	\$30,000.00	\$22,010.65	\$ 22,000.00	\$ 21,073.12	
TOTAL Meetings	\$39,000.00	\$32,272.47	\$55,000.00	\$47,061.08	\$55,000.00	\$40,616.17	\$ 45,000.00	\$ 35,645.27	
600's EXPENSES (Add'l)									
601 ASTAR				\$3,583.00	\$0.00				\$ 2,978.00
602 WAAC				\$3,332.44	\$0.00				\$ 4,327.65
603 WSO Birthday (pass-through)				\$295.69	\$0.00	\$611.37			\$ -
TOTAL Add'l	\$0.00	\$0.00	\$0.00	\$7,211.13	\$0.00	\$611.37	\$ -	\$ 7,305.65	
Total Expenses	\$91,350.00	\$76,476.09	\$98,850.00	\$91,233.09	\$100,252.30	\$75,626.42	\$ 97,989.00	\$ 77,090.02	

NOTE:

NO changes have been made to figures
of any line items 2022 - 2024.
Column TOTALS have been corrected to
reflect the line items, as presented 2/22/2025.



Group Records Report



Group records are coming along nicely. However, there are still some problems at the WSO and their getting record changes to me in a timely fashion. So for the time being, would you submit changes via email to me directly? I will

make the changes both at the WSO and on the Area website.

Please include WSO number, group name, and what changes you are making. If you are changing the CMA or GR, please include name,

address, email, phone number (indicate if it is a cell or home phone number).

Also, please

indicate that it is a CMA or a GR change. If changing both, be sure to identify which is which.

I often have trouble differentiating which is which when I receive notification from the WSO, which is why I prefer to make the

change myself. Other than that things are going well.

Tom, Teresa and I are going to create a new form for you to make submissions on the Area website that I will then use to make changes on both sites. Wishing you all a serene holiday season.

-Cooki Perkins
Area Group Records Coordinator
group-records@wa-al-anon.org

Web Coordinator Report

Hello, Fellow Members,

As I complete my first year as your Web Editor, I want to express my gratitude for your patience, encouragement, forgiveness, and willingness to grow together. Thank you for your grace and for walking alongside me.

Goal one for year one was to launch a new website. With the help of our Web Committee, we accomplished that goal, giving us a stronger foundation to share information and to reach those seeking hope. We continue refining the site and learning as we go.

Another significant task this

year was transitioning our official Area email accounts to Google Workspace for Nonprofits. We are developing training and support so AWSC members can feel confident using the platform.

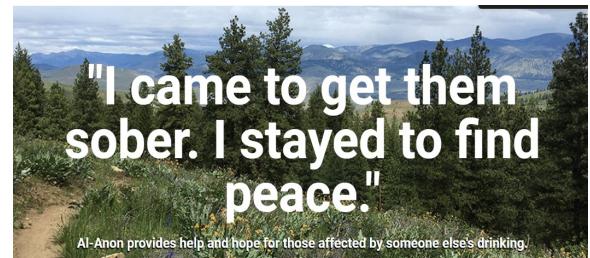
In November, I attended a weekend workshop for trusted servants in technology roles as well as a meeting of Al-Anon Area web editors hosted by WSO. The message in both settings was clear: our work is not about the tools themselves. It is about ensuring our fellowship remains welcoming, accessible, and able to carry the message to those who still suffer. The technology decisions we make today help sustain our

fellowship in the future.

In year two, my focus will include:

- Improving search visibility so newcomers and professionals can find us
- Strengthening accessibility so more people may receive our message
- Developing training for AWSC members using Google Workspace
- Creating documentation to support future Web committee members

Our new site now features event flyers from service arms across the Area. The



Al-Anon provides help and hope for those affected by someone else's drinking.

awesome number of submissions reflects active, engaged service. Behind each event is a group of dedicated members sharing recovery with others. Posting these flyers brings me joy.

Thank you for allowing me to serve. I am truly grateful to walk this path with you one day at a time.

In gratitude,
-Teresa H.
WA Area Web Editor

Good morning, Everyone.
My name is Celeste M. and
I'm your new Archives
Coordinator. We have a
wonderful Committee to
help organize the Archives
and are looking for more
members. Please let me
know if you are interested.
We meet quarterly and have
work sessions as needed.

Our committee will be developing protocols for checking out items from the Archives. Currently Lynn T,

the Archivist, has been helping me get organized. The rest of the committee are Carla, Sherry E. and Leslie N. Currently we have two Traveling Notebooks that contain older literature such as pamphlets and Forum reprints.

For Pre-Con next year, we hope to have a display of items from the Archives. The Website is ready for us, and we hope to put the list of surplus items on it.

I have been working on spreadsheets (which I love to do) for what is in the storage unit.

I was able to attend the WSO Archives Coordinator meeting. It was very exciting, and I was able to see what the shelves and boxes look like in Virginia Beach. They also give tours, so next summer I hope to visit when I am on the east coast.



Gratefully,
—Celeste M.
Archives Coordinator
archivist@wa-al-anon.org

Literature Report

Forum

Writing Guideline (F-1)



Hello my Al-Anon family!
In winter of this year, I was concerned that my position might not really give me much to do. Boy, has THAT changed! Literature boards, writing workshops, LDC meetings, tech changes, oh my! WSO hasn't been lounging around either.

Please **DO NOT**
purchase Al-Anon
literature from non-
Al-Anon sources, like, oh
say, Amazon, or other
online used book sources.
Why, you may ask?
WSO depends on 40
% of its money from
literature sales.

They continue to ask for writings for *The Forum* and for literature they are currently working on.

If you think like me, you think “I don’t have time”, “I don’t have anything to say”, “I don’t have the experience”, “Someone else smarter, wiser, better writer will take care of this”. Self-esteem issues, anyone?

Maybe think of this as not only a challenge (Can you do it?), but as an opportunity to invite a new newcomer into a place of comfort and peace—the refuge you found when you first came

through those doors. Please read over the goals and the questions they offer to focus your sharings. Maybe get together with your sponsor, your sponsee, or your home group to write together about your reasons for walking through those doors and what you found. The email or online submittal place you find at the bottom of the back page. Please refer to this page for writing guidelines [Literature Resources - I-Anon Family Groups](#) and for *The Forum* [TheForumWritingGuidelines.pdf](#).

Then, in the next year, I hope to be offering writing workshops across the state—east, west and center. If your district or group wish to sponsor me, I would be most grateful. (Please email and we'll set it up!)

Please contact me at my
NEW EMAIL:

literature@wa-al-anon.org

With much love and gratitude for being allowed to serve

*Gratefully submitted,
—Mary P.
Literature Coordinator*

Alateen Report



***In keeping with Traditions Eleven and Twelve, District 13 Alateen respects the anonymity of all Al-Anon and Alateen members. When any full-face image is presented, the person in the image is not an Al-Anon or Alateen member.*

On May 30th with the help of our AAPP Mike S. and the help of another experienced AMIAS we did a hybrid AMIAS initial training in Renton for the Al-Anon Hispanic community in Renton, Yakima, Olympia and

Tri-cities, (12 Al-Anon members were certified as AMIAS). I attended on April Alateen Sponsor Training and Recovery (ASTAR) (an in person training in April, followed by WAAC Washington Area Alateen Conference) in Ellensburg. As part of both the planning committees, Both were fun and quite successful. WAAC was free for all attendees thanks to your generous donations.

I have been meeting by Zoom with our Area Alateen Safety Coordinator (AAPP) Mike S. working on learning more about computers and about my position as Alateen Coordinator. I have been answering emails to

Al-Anon members with Alateen and AMIAS questions.

It was an honor to be serve as an AMIAS at the AA International Convention with Al-Anon/Alateen participation in Vancouver Canada. I have been attending Zoom meetings for the Alateen coordinators with WSO. I also participate as an Alateen Sponsor in an Alateen meeting on Monday Evenings offered by our WA area.

In the first week of September, I was invited by District 8 from Vancouver, WA to be part of an outreach project to recruit AMIAS. I had a lunch with some AMIAS and I attended

the Anniversary celebration of one of the Spanish groups in Vancouver.

We have 128 AMIAS and 10 in person Alateen meetings as well as the Monday night meeting in the Mobile App.

I wanted to thank Panel 65 members especially Mike S. for your patience and help while I'm learning about my Alateen coordinator position.

For more information, please contact Elizabeth G.W., Alateen Coordinator Panel 65 at alateen@wa-al-anon.org

Here is the current status of the Area Alateen Process, as of November 7, 2025.

AMIAS CERTIFICATION: The Area successfully completed the Annual Alateen Recertification Process on June 1st, 2025. The Area currently has 137 certified Al-Anon

Members Involved in Alateen Service (AMIAS.) The first certification training for 2026 is scheduled for January 10, 2026. Initial training will take place from 9 AM to noon and refresher training will take place from 2 to 4 PM. These training sessions will also be announced on the Area website and on the WA-AMIAS mailing list.

ALATEEN GROUPS:

We have ten active groups in the Area, in addition to the Monday night group hosted in the WSO's mobile app. We welcome the addition of the new Shadle Park Alateen group in Spokane. We hope that you will all support these and other Alateen groups in your Districts.

ALATEEN SPONSOR TRAINING AND RECOVERY (ASTAR):

We held a very successful face-to-face ASTAR weekend April 11-13, 2025 at the Lazy F Camp in Ellensburg. We look forward to ASTAR 2026, tentatively scheduled for the weekend of April 24 -26. Cost to attend is \$180 for the weekend. Please see your District folders or

contact the Alateen Area Process Person at alateen-safety@wa-al-anon.org for registration materials and other information.

WASHINGTON AREA ALATEEN CONFERENCE (WAAC):

The Area hosted an extremely successful Washington Area Alateen Conference (WAAC) on July 18-20, 2025 at the Lazy F Camp in Ellensburg. Sixteen Alateens participated in Program-based recovery games and workshops, under the watchful eyes of six AMIAS. The Area was able to offer WAAC 2025 at no charge to its attendees thanks to the generosity of Al-Anon members and groups. WAAC 2026 is tentatively scheduled for July

17-19 at Lazy F. Monthly planning meetings will start in January 2026. Please contact the Alateen Area Process Person at alateen-safety@wa-al-anon.org for registration packets and other information.

We have a busy, active year planned for Alateen in the Area, and we need everyone's support to help make this work. Please contact your District Alateen Coordinator or District Representative to find out how you can support Alateen in your District. It has been the highest honor and privilege to have served you the past four years as your

Area Safety Coordinator.

--Michael S., alateen-safety@wa-al-anon.org

Newsletter Editor Report



Happy Holidays
to My Al-Anon Family:

I hope the season provides opportunity for gratitude and reflection.

The season has brought its share of medical emergencies. My husband's father and my mother have both had recent hospital stays and we have both been challenged to continue to work our program under very stressful situations.

I hope you have had the opportunity to read more on the links of service either

in our cover story or in *The Forum* —see the link here: [What Are the Links of Service About? - Al-Anon Family Groups](#)

An important way that you can contribute to the links of service is by sharing the Washington Wanderings which is the official (archival) record of our business. **Each member** should have access: either by a forwarded email or with a subscription for a hard copy. That means that DRs email the GRs and GRs email your group members.

Providing the most up to date communication is the life blood of our program. Members can use this publication to always find the answers they need. If you have not updated your email list in sometime, ask your Group or District secretary to help you put together a group email for distribution. Remember to use blind copy for that distribution to protect anonymity. This is a lesson I have had to learn myself.

Next year, I am working on providing a Spanish transla-

tion and including DR reports. If you are a DR please look for a survey mid-January.

Thanks to all the members who provide service to their groups and districts. I am blessed to be able to serve you.

Please contact me with any questions, comments, or suggestions at newsletter@al-anon.org.

In gratitude and joy:
—Monique R.

Newsletter Coordinator

Public Outreach Report

Thank you for your keen attention to each of the reports presented this weekend. Service is our opportunity to practice the principles of our program together in a controlled environment. The challenges we face here are different than those we encounter at home, but we're building skills to use in all our affairs.

I have three things to talk about here: outreach flyers created by you, a brand-new outreach tool available from Washington Area, and the monthly "Outreach Radio Hour" meeting on Zoom.

When a Group, District, or

Area creates an outreach piece, the WSO requires the Area Outreach Coordinator to review it before distribution. This is to ensure that a few key items are present, including a reference to the Al-Anon.org website or phone number for worldwide access to Al-Anon and Alateen, clear communication including spelling and grammar, and no personal contact information. **Please, before you print, send me a copy.**

Speaking of outreach materials, the folks who join me on the Outreach Radio Hour have come together

to suggest an Area business card-sized item to hand out to medical and mental health professionals, police departments, school counselors, and individuals. The card says simply, "Does someone else's drinking bother you? Al-Anon and Alateen can help." Then a QR code pointing to our Washington Area website, the official Al-Anon triangle and circle logo, and the "big Al-Anon" website al-anon.org in print. I'd also like to develop a two-sided card with Spanish and English. We'll be talking about how and where to distribute these, and I'm looking

forward to hearing many great ideas!

The fourth Sunday of every month brings the Outreach Radio Hour call on Zoom. We meet from 7:00-8:00 to review Outreach guidelines, chat around the room about local outreach events or questions, and discuss Area Outreach plans. The flyer with Zoom log-ins is posted on our Area website. Come when you can!

Thank you for serving our not-yet members by reaching out.

—Katharine R.
Washington Area
Outreach Coordinator

Chair Report Continued

I deeply appreciate her service, especially her work transitioning our accounting to QuickBooks Online. I have appointed Mike S., the outgoing Alateen Process Person, as interim Treasurer. Helen, Mike, and I are working closely together to ensure a seamless transition. Juliana B. resigned as Alternate Delegate on October 26th. I am grateful for her service leading the Budget Committee and conducting GR circles at Assemblies and monthly virtual meetings. **I am currently seeking an interim Alternate Delegate.**

Elections for Treasurer and Alternate Delegate will be held at Pre-Con in late March 2026. If you are interested in either position, please email me as soon as possible to allow time for you to submit a trusted servant profile and addendum.

The positions of Alateen Process Person and Meeting Technology Coordinator will be vacant as of December 31st, as Mike S. and George S. complete their terms. I am actively seeking qualified replacements (candidates must have served as DR). If you are interested or know someone who would excel in these roles, please email me right away.

COMMITTEE UPDATES

By-Laws Committee: Cheré F. is leading this committee with the goal of adopting new By-Laws during Panel 65 (2025-2027). The updates will reflect our evolving needs as an Area and changes in Washington State law. We began work with an attorney in late November to accelerate this process.

Spanish Interpretation Committee: Charo is heading this committee to improve our processes for providing Spanish interpretation (speaking) and translation (written Area business documents) at Assemblies.

AREA WEBSITE TRANSITION

Our Area website (<https://wa-al-anon.org/>) moved to a new platform just in time for Fall Assembly registration. This was a Herculean effort by a talented team led by Teresa H. The benefits include improved reliability and easier management going forward. The website now provides business documents, event listings, and the Area meeting list. The members section requires a password that is shared with all members—please contact your GR or DR if you need it.

GOOGLE WORK-SPACE FOR NON-PROFITS

The website transition required linking Area emails (such as chair@wa-al-anon.org) to a new provider. WA Area qualified for free Google Workspace for Nonprofits, and we have migrated to that platform. While the transition has had some challenges, it provides significant advantages including permanent email accounts, generous storage space, and access to Google Meet video conferencing for Officers, Coordinators, and DRs. We are still determining best practices for Area documents, website links, and archival business and financial records. Workshops for DRs will be offered soon to help orient them to these resources. Stay tuned!

MOTIONS FROM THE GROUPS

Several recent motions have originated from discussions and research by Officers and Coordinators. I would love to see more motions originating from the groups. Even if you only have an idea for a motion—if you see something you want changed or clarified about how we operate in our Area—I am happy to help you develop it. The official process involves preparing well-reasoned motion text, a background Knowledge-

Based Decision Making document, and submitting it to me for February AWSC six weeks in advance. But the sooner you reach out, the better!

UPCOMING ASSEMBLIES AND EVENTS

- ▲ Winter AWSC: February 7, 2026, District 23
- ▲ Pre-Con: March 28-29, 2026, Districts 15 & 16
- ▲ SSA: May 22-24, 2026, Warm Beach
- ▲ Summer AWSC: August 1, 2026, **Host needed**
- ▲ 2026 Speaker's Convention: TBD, District 10

Please reach out to me if you have any concerns, questions, or ideas. And please also reach out just to say hello or share what's happening in your group or district!



*Yours in Service
-Gary H.
Washington Area Chair
chair@wa-al-anon.org*

Pierce County AIS Chair

Greetings from Peirce County Al-Anon Information Services.

I have been getting ready for Fall Assembly, and it is an honor to be part of a committed group of individuals that have been hard at work to make Fall Assembly fantastic.

I'm sad that summer is coming to an end. I've enjoyed trips to the ocean, Olympic Peninsula and local day trips with friends and family. I did some childcare for my grandsons this summer and miss them since school has resumed.

Pierce County AIS represents both Districts 12 and 13 in Western Washington.

In Pierce County AIS we continue to provide pam-

phlets and packets to local recovery centers, libraries and bulletin boards to let our community know about the presence of Al-Anon in Peirce County.

We are now looking at how to get information out to professionals to encourage them to check out the WA Area Website Professionals page. If you haven't checked it our yourself, please do so. It has great information for professionals to use when speaking to their clients that have been affected by someone else's drinking. Many members have been referred to Al-Anon by their therapists and counselors, so we want to tap into that as a resource for new members.

Many thanks to District 13 DR Ayme B., AIS Outreach team member Jerry S, AIS Secretary Sandra H. and GR Rita B., for all their hard work as our Outreach team. They have been instrumental in getting projects together to attract new members. AIS was recently asked if we could provide 'How Al-Anon Works' to a local immigration center. The committee voted to do so, and we delivered 42 copies in Spanish and 21 copies in English to the person who facilitates literature distribution there. We believe this serves our primary purpose of helping friends and families of alcoholics. The literature was greatly appreciated.

PCAIS had hoped to have speakers in recovery facilities in Districts 12 and 13

by now, but we are having trouble hearing back from the centers to schedule Al-Anon speakers. We have approximately 25 people ready and willing to take on this public outreach service.


I'm looking forward to more fall colors and the holidays. In service and peace to you all.

*In Service,
Kayleen F.
Pierce County
AIS District Chair,*

chair@al-anon-pierce-wa.org
Ayme B.
Al-AnonDistrict13Rep@gmail.com
Jerry S
outreach@al-anon-pierce-wa.org
al-anon-pierce-wa.org
[Pierce Count Alateen Information - PIERCE COUNTY AL-ANON](mailto:Pierce%20Count%20Alateen%20Information%20-%20PIERCE%20COUNTY%20AL-ANON)

Seattle AIS Chair



NO REPORT SUBMITTED

For more information, please contact Dave M.
Seattle AIS Chair at chair@seattle-al-anon.org



WASHINGTON AREA OUTREACH CONVERSATIONS

How did you first hear about Al-Anon or Alateen?

Would you like to share help and hope with others?

Would you like to START doing outreach in your community?

Would you like to EXPAND outreach in your community?

Would you like to PLAN an outreach activity in Washington Area?

JOIN THE MONTHLY "OUTREACH RADIO HOUR"

*Not an actual radio show, but a catchy name for an online gathering of Al-Anon/Alateen members who'd like to discuss reaching out with help and hope.

WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP...
Let's talk about how we can engage our members in reaching out to those around us who need to hear about Al-Anon and Alateen.

No experience necessary!

Join the call, listen and share, and let's learn together.

FOURTH SUNDAYS, 7-8PM ON ZOOM

MEETING ID: 832 6080 7124

PASSCODE: 640202

NEW MEMBER BLOG TOPIC

How does gratitude bring you back to a place of hope?

#AlAnonBlog

al-anon.org/dec2025-blog

Mark your calendars!

2028 Al-Anon Family Groups International Convention

Minneapolis, Minnesota, USA • July 20 - 23, 2028

#AlAnonInternational

al-anon.org

District 13 Presents:

Recovery Spoken Here

A monthly Al-Anon and AA Speaker Meeting and Dessert Potluck

The **first Friday** of every month

Please bring a dessert or appetizer to share.

6:30 p.m. Dessert and Coffee/Tea
7:00 p.m. Al-Anon Speaker
7:30 p.m. AA Speaker

Shepherd of the Hill Presbyterian Church
8401 112th Street E.
Puyallup, Washington 98373

7th Tradition supports hosting groups and Public Outreach

H.E.A.R.

Speaker Meeting

HOPE, EXPERIENCE, & ACCEPTANCE
IN RECOVERY

Every 3rd Saturday
7:30-9:00 PM PDT

Zoom Meeting

ID: 896 7579 4182 Password: 107130
One tap mobile:
+12532158782,,89675794182#,,0#,,107130# US (Tacoma)

EVERYONE IS WELCOME!
Al-Anon, AA, Alateen, Family, Friends...

My Experience, Strength, and Hope

M.E.S.H.



MONTHLY SPEAKER MEETING

M.E.S.H. Speaker Meeting AFG
2nd Saturday @ 7:30 PM
St David Emmanuel Episcopal Church
18842 Meridian Ave N 98133

IN-PERSON ONLY, 90 minutes
Family, Friends and Observers Welcome

Please join us on the 2nd Saturday of each month as an
AA Speaker and an Al-Anon Speaker Share

#District 25 Fundraiser

Sweet Solutions in Recovery
AL-ANON SPEAKER: JESS A.
AA SPEAKER: CHERI J.

SILENT SWEET AUCTION AND SPEAKER MEETING

7th Tradition will be observed for the facility

AL-ANON WITH AA PARTICIPATION

DECEMBER 6, 2025
1:00-4:30 PM

All Groups: Bring at least one signature sweet to be auctioned off.
Include a card with Group Name and dessert ingredients.
BRING A SAVORY OR SWEET SNACK TO SHARE DURING THE EVENT. INCLUDE INGREDIENTS CARD.

Open to All
Bring Your Families

BRING CASH FOR THE AUCTION!

FIRST BAPTIST CHURCH
5759 VISTA DR. FERNDALE

whatcomafg.org
dr25@wa-al-anon.org

Gluten-free Welcome!



WEDNESDAY WORKSHOP SERIES

Al-Anon Speaker Workshop focusing on Al-Anon Literature

Hosted by District 13

Washington Area

[Zoom Link](#)

<https://al-anon.workshopseries.org/>

Every Wednesday

6:00 PM Pacific / 9:00 PM Eastern

Zoom ID: 387-493-608

Passcode: 123456



OCTOBER 22 & 29

Alcoholism, A Merry-Go-Round Named Denial (P-3)

NOVEMBER 5

Al-Anon Faces Alcoholism (AFAM)

NOVEMBER 12 & 19 & 26

DECEMBER 3

Alcoholism, the Family Disease (P-4)

DECEMBER 10

Hope & Understanding for Parents & Grandparents (P-94)

DECEMBER 17

Detachment (S-9)

NO WORKSHOPS

DEC. 24 & 31

WELCOME!



AL-ANON HANDSHAKE: AN ORIENTATION FOR NEWCOMERS



HOW CAN AL-ANON HELP ME?

Al-Anon is a mutual support group. Our personal situations may differ, but we share a common experience: our lives have been affected by another person's drinking.

We can find understanding and support when we share our common experience with each other. Some of us are here because a spouse or partner has struggled with alcoholism. For others, the problem drinker is a parent, child, or grandchild. Sometimes a brother, a sister, or some other relative or friend brings us to Al-Anon. Many of us have had more than one alcoholic family member or friend.

Alcoholism has similar effects on us all, even though our relationships to the alcoholic may differ. Many newcomers are most interested to hear about situations and relationships that are similar to their own. Over time, however, we come to understand that we can benefit from hearing how the Al-Anon principles work in many different circumstances.

HOW CAN I CONNECT WITH AL-ANON?

Every week over 200 groups meet in-person and online in Washington State, and many helpful resources are freely available online and through local Information Services. Please join us to connect with other Newcomers and Al-Anon members to share the experience, strength and hope of the program.

Orientation Sessions: 2nd & 4th Fridays, 7-8:15 pm

Please email for the Zoom invitation:

al.anon.handshake@gmail.com

Hosted by: WA District 16 (E. King County)



Al-Anon Renton Thursday Night

Presents our annual

Candlelight Meeting

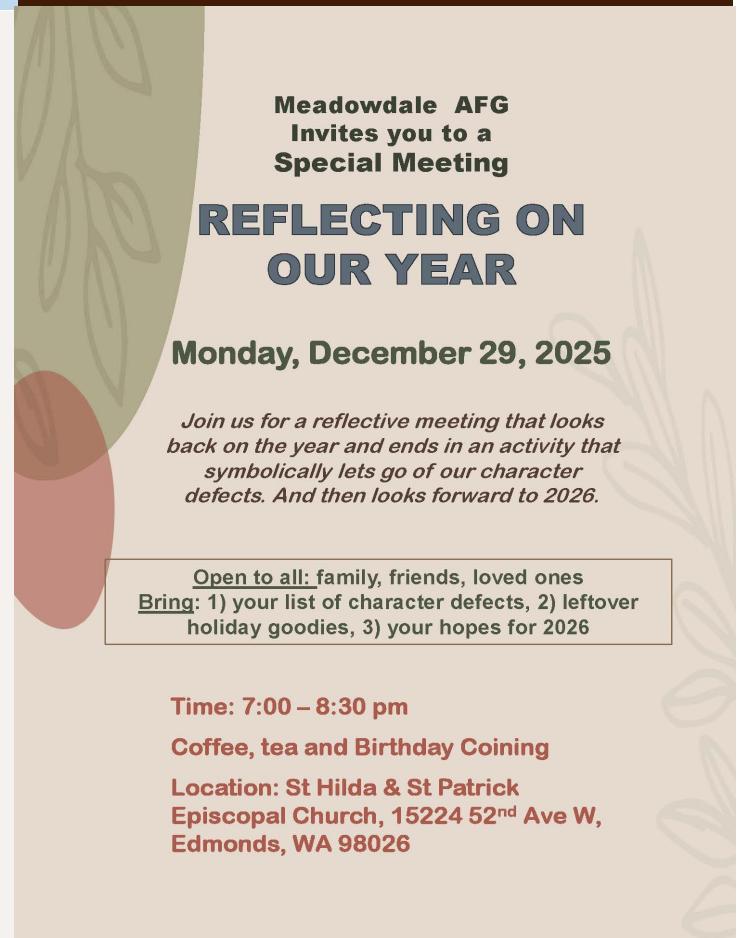
Thursday, December 11, 2025

Potluck begins at 6:30pm

Meeting begins at 7:30pm

St. Luke's Episcopal Church
99 Wells Ave S
Renton, WA 98057

Please bring a food dish, a candle, and gratitude





Upcoming Events

Event	Host	From	To	Place
AWSC Feb 2026	District 23	2/7/26	2/7/26	Marysville
Pre-Con 2026	Districts 15/16	3/28/26	3/29/26	
ASTAR 2026 (tentative dates)	WA Area	4/24/26	4/26/26	Lazy F Ranch 6170 Manastash Rd. Ellensburg, WA
SSA 2026 (tentative dates) (Summer Service Assembly)	WA Area	5/22/26	5/24/26	Warm Beach Conference Center 20800 Marine Dr, Stanwood, WA
WAAC 2026 (tentative dates)	WA Area	7/17/26	7/19/26	Lazy F Ranch 6170 Manastash Rd. Ellensburg, WA
AWSC Aug 2026	HOST NEEDED	8/1/26	8/1/26	?
Fall Assembly 2026	HOST NEEDED	10/2/26	10/4/26	?
Speaker's Convention 2026	District 10	TBD	TBD	?

New! Holiday History Bundle!

The Al-Anon Family Groups History Bundle with Free Shipping!

Al-Anon's 75th anniversary is coming up in 2026, and now you can follow the fascinating story of our fellowship's beginnings and development through the years and revisit one of our first pamphlets with the **Al-Anon Family**

Groups History Bundle (K-75) with free shipping.

The **Al-Anon Family Groups History Bundle (K-75)** includes:

Many Voices, One Journey (B-31)

The Al-Anon Family Groups—Classic Edition (B-5)

Alcoholism, the Family Disease (P-4)

This discounted set is just \$25 US and includes free shipping.

Available as a set for a limited time—through January 2, 2026

Go to al-anon.org/shop to purchase.





AL-ANON
for families & friends of alcoholics
WA Wanderings
A Quarterly Publication of
Washington Area 59

WA Area AFG, 12128 N.
Division St., #1531,
Spokane, WA 99218-1905

Editor: Monique R.
newsletter@wa-al-anon.org

WE ARE ONLINE:

[WA Area Al-Anon –
Washington Area 59](#)
[Al-Anon](#)

[AIS Info —](#)
[Greater Seattle Al-Anon](#)

[Pierce County AIS
\(Al-Anon Information
Services\) - PIERCE
COUNTY AL-ANON](#)



MISSION

Al-Anon Family Group Headquarters, Inc. is a spiritually based organization that helps the families and friends of alcoholics connect and support each other through barrier free meetings, information, and shared experiences.

WA AREA CURRENTLY SERVES:

Washington Area has been serving groups in Washington since 1996 and was recognized as a 501C3 in 1998 (non-profit).

In person/hybrid:

- 251 active groups
- 125 inactive
- 10 no mail

Electronic:

- Not available
- Alateen**
- 10 active
- 15 inactive

[WA Wanderings Subscription Form](#)

Click this link for an instant digital subscription

Select Subscription Type:

- Email Only (FREE)
- Postal Mail Only (\$25/year)
- Email and Postal Mail (\$25.00/year)

First Name: _____

Last Name: _____

Email Address (es): _____

Phone Number(s): _____

Street Address: _____

City: _____

State: _____

Zip Code: _____

Please note the newsletter editor will contact you for additional billing information. Email: newsletter@wa-al-anon.org
Clip this form and mail to: WA Area AFG, 12128 N. Division St., #1531, Spokane, WA 99218-1905

