

## **District 25 Business Meeting Agenda**

Nov. 7, 2022, 6:30-8:30pm (95 min dedicated)

Zoom: Meeting ID: 89509896402// Password: 196240

All Al-Anon members are welcome.

### **Opening (6:30 pm; 10 min)**

Serenity Prayer: Let's begin w a moment of silence, followed by the Serenity Prayer. "God grant me the serenity to accept the things I cannot change, Courage to change the things I can, And wisdom to know the difference".

Steps Traditions Concepts and Warrantees – volunteer to read

Welcome newcomers to our district meeting. We are glad you are here. If you like, please introduce yrself by yr first name. Welcome “\_” to our District 25 Business Meeting. We are glad you are here.

Introductions of Participants. Please identify yrself (verbally and Zoom “name”) by 1) yr name, 2) yr Group name, if GR, and/or 3) District Officer/Coordinator position.

Voting Guidelines/Procedures/Substantial Unanimity/Conventions (approved by GRs 2/2022)

The District Guidelines will b included in our D25 service handbook when it appears in 2023 and deleted fr our Agenda upon group conscience at that time.

a) Guidelines for general discussion:

- a. Start and stop the meeting on time.
- b. Stick to the set agenda and suggested time frame for agenda items. Items that run out of time can b extended, moved to next months business meeting or assigned to a task/thot force or go bak to groups based on district group conscience.
- c. Obtain a "volunteer timer" for each agenda item and for each individual speaker.
- d. For Zoom meetings, "raise yr hand" icon and you will b called upon in order. For in person meeting discussions, "go around the table in order".
- e. Stick to 2min individual share time limit and stay on topic.
- f. If someone says what you were going to say, don't repeat it (say "Pass" or something similar).
- g. Focus on assuming trust and goodwill. Be polite and courteous. Listen.
- h. No side conversations. Avoid or minimize distractions.
- i. Use guidance fr Al-anon Steps, Traditions, Concepts & Warranties and the Al-anon/Alateen Service Manual.

b) Motions pass w substantial unanimity of GR votes counted (2/3). Minimum 3 GRs to vote.

c) Knowledge-Based Decision Making (KBDM) (al-anon12.org) .

Overview – To allow an informed group conscience, where everyone has all the information (advanced reports) to make a decision, everyone including the minority view has been heard and adequate time has been taken b4 Making a Decision. The group conscience fr KBDM represents our Higher Power in wch members are voluntarily obedient to that wch is unenforceable.

Process - Motion or topic is presented by task/thot force or individual, f/b 5 KBDM Q/A responses, background and history; Questions are asked for clarity directed to presenter; Round Table presentation of points of view/opinions, including minority view; Make a decision – status quo, vote on motion, move to task/thot/work force. Chairperson or DR is facilitator of process (does not vote). District members utilize agreed upon voting guidelines and informed by Traditions and Concepts.

Substantial Unanimity: (voted 1/2021) 2/3 of GR's voting affirmative for passing a motion.

\*\*d) Agenda: This is set by DR for the District business meeting. The DR will initiate a call for advanced reports a week to 10 days prior to the District business meeting. Advanced reports indicate that a D25 member is interested in a discussion, group conscience or even a KBDM at the District business meeting. A topic or motion is proposed w accompanying background, history, 5 KBDM answers, etc. Upon receiving advanced reports, the DR will organize them into the Agenda and allocate time suggestions. (If no advanced report is submitted, the DR will allocate 5 min only for each officer, committee chair and GR for the meeting. The Agenda will then b sent out to all District Officers, Committee Chairs and GR's the Monday b4 the Thursday District business meeting. In this manner, District membership have all the information that they need to discuss and make a decision at the District meeting in advance.

**Volunteer Timer:** Identify a timer person for ea speaker (2 min) and each agenda item (as noted in agenda). As a courtesy have the timer provide a 30sec or other warning to the speaker when time is nearly up.

**Secretary Report** Bill K (5 min) Oct 2022 minutes (see attached report) - if no additions or corrections, chair will entertain a motion to approve. Who so moves? Second? Vote: Yay/Nay/Abstain

**Treasurer Report** Bill G (5 min) (see attached report) - if no additions or corrections, chair will entertain a motion to approve. Who so moves? Second? Vote: Yay/Nay/Abstain

**Group Reports** (~2-3 min ea or 20 min total) Group news, problems, and successes. This is the GRs time to receive E/S/H fr District membership on any particular Q, problem, issue, etc.

“Acknowledge new GRs who attend their first D25 meeting. Provide an orientation to new GRs to welcome them and help them understand the service structure and their role as GR” (Guidelines for District Meetings, Al-anon.org); Do any newcomer GRs have any Q? Do we have any volunteers to assist a newcomer GR after the meeting?

**To GR's, 1) what is yr term end date and 2) are you using D25 shared Zoom account or “independent”?**

Blaine Serenity #501896 – GR Mary Jo M; Jane, member-at-large; BZ meeting: NA

Hope For Today # 30769448 – GR Nancy F; BZ meeting: 1<sup>st</sup> Monday

Happy Hour #47279 – GR Molly U; BZ meeting: 3<sup>rd</sup> Tuesday

Care Deeply #49485 – GR none; BZ meeting: NA

Sunrise Super Glory #30523017– GR Jerry B; BZ meeting: Last Friday. Note: term ends 12/2022

Ferndale Friday #30637560– GR Sharon K; BZ meeting: third Friday of the month

Sea of Serenity #30518193 – GR Alycia; BZ meeting: 3<sup>rd</sup> Saturday

Touchstone # 30648948 - GR Kaz; BZ meeting: 3<sup>rd</sup> Sunday

### **District Representatives Report from AWSC (20 min)**

New business:

- a. Reminder for D25 members:  
Utilize our traditions and concepts in “all our affairs”. Obtain a service sponsor if you want more feedback and clarity on our legacies. Service is for our personal recovery.  
D25 has an approved process for best communication and for meetings to be efficient and to stay in alignment w our spiritual legacies. Please respect the Districts group conscience, which is “HP’s will”. We are obedient to the unenforceable.  
Each member is at different levels of recovery. Remember to respect and accept others exactly as they are. “God bless you and God change me.”  
Avoid obstacles to success – discussion of religion, gossip and dominance.  
“Let go and let god” does not mean conflict avoidance (see Traditions and Conflict Resolution Kit S-72)
- b. DR is always available for facilitating (in-person and on-line) business meetings, KBDM, and general conflict resolution in groups. I do not have any “horses in the race”. I do not vote. My job is to facilitate and empower D25 members to recover using the Steps, Traditions and Concepts, and more specifically by finding a group conscience that reflects HP’s will.
- c. How is the new process/procedure working for GR’s to make meeting changes directly to 1) District (using TA email), and 2) Area Group Records (using Area change form)?  
DR received notice that 4 meetings had changes submitted by an individual member at A59 instead of using this process (one of the meetings doesn’t have a GR, so I’m not sure where this authority came from) See previous meeting Agendas and minutes for how the DR has addressed these issues repeatedly for Jan 2022. For example, this was submitted for discussion by DR on the Oct Agenda:

#### **“email request to A59 group records 9/26/22:**

inactive status at area and WSO –

First Things First (not listed at A59 or WSO),

Lynden (not listed at A59 or WSO),

Peaceful Waters (listed as inactive at A59; not listed at WSO);

closed status at Area 59 and WSO –

Evergreen (inactive at A59; not listed at WSO),

Monday Noon step study (inactive A59 and open status WSO),

Mid-day (10:30 and noon – inactive at A59; not listed at WSO).”

- d. SSA May 19-21 2023 Warm Beach Conference Center, Stanwood – Jerry, GR for Sunrise Super Glory, agreed to chair and obtain volunteers fr D25 to host the spiritual meetings at SSA. So far, Jerry and Sharon, GR for Ferndale Friday, have volunteered to host. Much appreciation and gratitude sent yr way fr the entire Area 59 (Washington state) and Alt Area Chair, Shelly, as well as D25 membership.

Old Business:

- a. DR: Area Service Positions
  - i. Ongoing (3 yr term) Area Budget Committee 2021-2023
  - ii. Completed:
    - 1. Fall Assembly 2022 Registration volunteer and attendance
    - 2. Area Officer Safety and Code of Conduct subcommittee; Motion approved Pre-Con 2022.
    - 3. Pre-Con 2022 Registration volunteer
- b. Alternative DR needed (requisite – previously GR, currently attending alanon in D25, not an AA member). Proposals and/or volunteers.

**Committee Reports** (5 min ea if no motion or advanced report submitted a week in advance; Total: 45 min)

- 1) District Alateen Coordinator – Julie E (see advanced report found in agenda email) 10 min
  - a. Motion: Proposal to use WhatcomAFG PO Box address to sell Alateen Literature
  - b. D17 Alateen Sponsor Training flyer – see pdf in agenda email
- 2) Literature Distribution Coordinator – Peckie B. (no advanced report) 5 min
  - a. “I don't have anything that warrants a full report but I do have a question for the group. I need to order Courage to Change and we save almost \$100 dollars if we order 24 (a case) . While we are trying to just order what we need, It seems that having CTC, ODAT, and How Alanon Works in inventory all the time makes sense and it is cheaper to order them by the case. Does this need anything further?” Peckie
- 3) Public Outreach Coordinator – John B (no advanced report) 5 min
  - a. Update on Dec/Jan Lamar Bus Project

“District 25 contribute to an outreach project for an 8-week bus transit campaign in Bellingham for months of December 2022 and January 2023. Total cost \$4,788 with Happy Hour contributing \$827, with remainder of \$3,961 being utilized from District 25’s Special Projects funds.” Sept 2022 motion approved

“**Outreach, possible request, to go ahead and pay for the bus banners now.** For the sake of simplicity and less paperwork, we can pay Lamar for the bus banners up front. Our Treasurer is ready to pay by invoice, but is wondering if we need to bring this up with the GR's for approval to go ahead and

pay them and avoid filling out a credit app. where at least one of us needs to sign as responsible. Do you think we need to KBDM and vote on this or since it has been approved, we can simply go ahead?" John B

DR suggested Motion for KBDM: D25 review final copy of ad that has been approved by WSO and submitted to Lamar b4 paying invoice in full (no more than \$4788) by deadline date wch is prior to ads going live.

b. Current projects – ongoing and completed 2022

c. Committee chair 3-yr term ends August 2023 "John B was elected District Outreach Coordinator at the August 13, 2020 D25 mtg (per the 9/10/2020 minutes)" Bill K.

4. Technology Administrator – Kaz (see advanced found in Agenda email) 20 min

Update fr Kaz on how the new website is working, what is still needed and feedback fr GR's or members on the website.

From the DR: TY to Kaz and the members of the TA subcommittee on their participation and efforts in making this District project a success. It was perhaps a hairpulling task at times. We now have a higher level of security and service than the previous website and can expect "smooth sailing". Kudos to D25 membership who participated in the KBDM process. This is a "win for the Spritual hometeam". Congrats to all.

i. New Business

a. Motion: Email proposal – (see Kaz report found in Agenda email).

- 1) Comment fr DR. I wud like all officers (including DR), committee chairs and GR's to have an email posted on the website.
- 2) The email, [service@whatcomafg.org](mailto:service@whatcomafg.org), is associated w 5 officer and committee positions but not the DR and does not seem inclusive. I am wondering who is currently using it? I send the agenda and other information via my personal email to all D25 members. Can it b deleted?
- 3) Correction for error found in Kaz's proposal: DR does not get emails fr [dr@wa-al-anon](mailto:dr@wa-al-anon). I only get a group email fr A59: [wa-area-awsc-members@wa-al-anon.org](mailto:wa-area-awsc-members@wa-al-anon.org). Otherwise D25/A59/WSO folx use my personal email address. Where did this information come from that I have an Area email?

b. Motion: publish D25 calendar on [whatcomafg.org](http://whatcomafg.org), to include district business events, such as business meetings every second Thursday, annual budget committee meetings, bi-annual Fundraiser Event, Committee meetings, etc.

c. Motion: provide Tradition Book Study its own zoom meeting link using D25 zoom shared account. Currently using a members personal account.

i. Old Business:

d. Motion: Approve updated job description. (see Kaz latest updated job description in current advanced report; see leftover motions fr Oct Agenda)

Background: (from DR)

i. Title: "Information Technology Administrator" became "Tech Admin" in August, 2022" fr D25 meeting minutes, Bill K (group conscience approval).

ii. updated job description to include

- 1) clarification that TA is not responsible for content accuracies nor design of "information" submitted.
  - 2) TA may inform submitter that the information will not be posted if it is not in alignment with Al-anon spiritual principles, not an "AA event with Al-anon participation" or not Al-anon related business. Approval does not have to come from D25 if it meets this criteria.
  - 3) TA will be provided authority to edit any submissions for grammatical errors but not substantive content. TA will inform submitter if format will change, eg TA unable to replicate Bakerstock website info on whatcomafg.org "as is" and had to photocopy each page onto district website.
  - 4) Correct terminology in job description and other documents to be consistent and reflect the group conscience of title: "Tech Admin" or TA
  - 5) What does this mean? "updating as necessary the IT-Tech operational documentation."
- e. Motion: Archive out of date web info and meeting minutes to an identified "drop down box" instead of deleting.
- 1) Background: importance of keeping historical records found in meeting minutes and of D25 events. Makes D25 records available to all members. Follows A59 procedures.

#### 5) Fundraiser Committee – (no advanced report) 5 min

a. Next D25 Fundraiser and Potluck: Dec 10. "Same format"; group and individual member basket raffle; Possible Alanon birthday countdown celebration and fundraiser; speakers; year end reports from D25 committee chairs. Church is already under contract. 1-2 other members have volunteered to help; Looking for more planning and inperson assistance.

b. **Needs volunteers:** 1) someone to design and publish flyer for website and GR email lists. 2) someone to obtain speakers. 3) Coordinator to help with set up and tear down volunteers.

c. Request for Fundraiser ideas for 2023: Workshop "Conflict Resolution through the Traditions"; continue with bi-annual "Fundraiser and Potluck"; spaghetti feed or taco bar, \$10-15/plate and speaker (potentially more income for District; 50 people x \$15=\$750 per event); Some proposals may require a special line item for Fundraiser committee seed money or request through special projects and excess funds;

d. Bring your ideas to next Fundraiser committee meeting or contact your DR or Alycia.

#### 6) District Service Handbook Committee – proposed starting Jan 2023; **Needs volunteers.**

#### 7) District Group Inventory – Jan 2023 form subcommittee to organize and facilitate; **Needs volunteers**

**Old Business** – (conducted in each section)

Open D25 Positions: Alt DR, Archivist, Newsletter.

Open Area 59 Positions: see Wa Area Wanderings for complete list or wa-al-anon.org

Open WSO Positions: see al-anon.org

**Tradition 7** – (~7:30 pm) DR “we have no dues or fees: according to our Seventh Tradition, ‘Every group ought to b fully self-supporting, declining outside contributions.’ We do this through our own voluntary contributions by passing the basket to cover group expenses, including rent, purchase of literature and support of our service arms. We contribute in gratitude for what we have received from Al-Anon” p19 Service Manual.

7 th trad contributions (reminder to identify yr group and/or WSO # on yr payment method):

District 25: checks payable to “District 25 Al-Anon”. Mail to: Whatcom AFG, PO Box 1550, Bellingham WA 98227

Area 59: [https://wa-al-anon.org/7th tradition](https://wa-al-anon.org/7th%20tradition) or New mailbox for Area Donations: Wa Area AFG; 12128 N Division st., PMB 1531; Spokane WA 99218

WSO: al-anon.org Home page>contributions or WSO Treasurer/Donations, 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617

**New Business** (5 min each; most new business is conducted in ea section, however any member can bring up new business for D25 to KBDM)

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**Service Topic Discussion** (5 min b4 closing) see G15. Who would like to volunteer to lead the discussion on a Service Topic of yr choice or the current Tradition or Concept?

Tradition 10: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and TV. We need guard w special care the anonymity of all AA members

Concept 11: The World Service Office is composed of selected committees, executives and staff members.

**Closing** (8 pm) To all who chose to, please join in closing with the Al-Anon Declaration:

“ Let It Begin with Me When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there, and Let It Begin with Me”

**Service Dates for GR’s and DR’s**

**2023**

AWSC Feb 5, 2023, needs host.

PreCon March 31-Apr1 2023 Campbells Resort, Lake Chelan.

SSA May 19-21 2023 Warm Beach Conference Center, Stanwood.

AWSC Aug 2023 – open for hosting

Fall Assembly Oct 6-8,2023, needs host.

### **Resources**

District 25 2022 Contact – D25 contact list Mar 5 2022.pdf

Area 59 Panel 62 contact list: see current Wa Area Wanderings

Area 59: WA Area Alanon – Washington Area 59 Alanon (wa-al-anon.org)

Area 59 Newsletter May 2022 final wa area wanderings.pdf

World Service Office: Al-Anon Family Groups

FORUM: Guidelines for Writing and Submission (F-1) [TheForumWritingGuidelines.pdf \(al-anon.org\)](#)

Guidelines for GR G11.pdf (al-anon.org)

Guidelines for Group Meetings G13.pdf (al-anon.org)

Guidelines for DR G37.pdf (al-anon.org)

Guidelines for District Meetings G15.pdf (al-anon.org)

Guidelines for Reserve Funds G41.pdf (al-anon.org)

Guidelines for Literature G-31 (al-anon.org) G18.pdf (al-anon.org)

Guidelines for Forum Writing and Submission [TheForumWritingGuidelines.pdf \(al-anon.org\)](#)

Welcoming Checklist – welcoming-checklist.pdf (al-anon.org)

Knowledge-Based Decision Making (KBDM) 2012 Knowledge-Based Decision Making (KBDM) (al-anon12.org)